



MBK TJMES

Autobiographies



Special Edition

HARMONY

GROUP

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MESSAGE OF SRI AUROBINDO
ANCESTRAL MATHEMATICS





INTRODUCTION TO AN AUTOBIOGRAPHY OF A JOURNALIST

“An autobiography is a life story. It starts when you’re born and continues until the end.”

- Richard Hell

“Live each moment completely and the future will take care of itself. Fully enjoy the wonder and beauty of each moment.”

- Paramahansa Yogananda

Autobiography is a journey of self-discovery. Knowing oneself leads to understanding one’s journey. It gives them an insight into how they have lived their life and how they feel about the world around them. It also helps them understand how their own life has changed over time and what experiences have shaped them as a person. This activity has helped them to be genuine, raw and honest about their experiences, emotions and growth. Autobiography is a way of storytelling that allows them to reflect on their life and learn more about themselves.

In this journey, the Children of Harmony group has learned the importance of knowing their family history and the geographical location of where they are from.

The memories remind them of who they are, where they have come from, and the challenges and triumphs they have faced. Reliving memories can be important for many reasons. It taught them valuable life lessons. It allows them to learn and evolve from their past experiences. Memories help them understand their values, beliefs, and passions, and how they've shaped their identity. Revisiting memories can help them recognise patterns in their behaviour and gain insights into their strengths and weaknesses.

Writing is an essential skill for academic settings as well as in personal communication. Writing is a fuel that drives communication and communication serves as a framework for society. The children of the Harmony group have incredibly benefitted from writing. It has enhanced their clarity of thought and fostered effective communication skills. It also has aided in their self-reflection and personal growth. Creativity and imagination have also been unleashed to their full potential. Writing has also cultivated their critical thinking ability sparking intellectual growth.

Diyas of Harmony Group



MUDIT'S AUTOBIOGRAPHY

About Mudit & His Early Years

On the afternoon of a grand Sunday on the 22nd of June 2014, an infant was born. The doctor who operated upon his mother said "hey look! You have been blessed with a bonny baby boy!" the parents were elated and so were the relatives. The infant gradually started to grow. As his parents were in a transferable job, he spent his early months in Patna and then moved to Deoghar in the State of Jharkhand. When he was just two and a half years of age, his parents moved to Delhi. His early years before schooling were spent in a creche which was very close to his mother's office. Every day in the evening he was collected from the creche by his mother until he joined his first school Global Kids.

The boy was lovingly named Guffy initially but was later formally named Mudit Som. Mudit was always a keen observer of his surroundings and a fast learner. He learnt to swim when he was just 5 years of age and he also learnt to skate on his own. It was difficult to balance his tiny little feet on the skates but he practiced every day until he could make a perfect balance while on wheels. He used to see a lot of cartoon videos during the lockdown period and surprisingly he learnt to speak very good English, as a second language. He has always been vivacious, always smiling and very sweet-natured. It was a tough and challenging period during the pandemic lockdown and it was during this period that he started to attend school in KV. He learnt the first lessons of the school in the online mode. And he showed great mettle of serious learning and moving step by step from one grade to the next. He always has this habit of absorbing more than he reads and that helps him to learn better.

Difficult Choices

One day, he went with his parents to the sports complex at Siri Fort and saw many children doing various sports activities. He wanted to play football but his attention was drawn towards the tennis court when he saw children playing with the racket and the ball. It was a tough decision to choose between football and tennis.

Finally, after much thinking, he made up his mind for lawn tennis and his parents put him to play tennis since then, he nurtured the dream of becoming a tennis player. He worked hard and harder and continues to practice at the courts. He moved a step closer to his dream when he won a bronze medal in a tennis tournament. He is full of zeal and continues to improvise his game.

He was put in Kendriya Vidyalaya by his parents in class 1. But by the time he reached class 5th, he realized that the school environment was not helping him to grow in various dimensions. He was still a small kid only 9 years of age, but he shared his feelings with his parents. The parents realized the need for change in school for Mudit. And thus, he came to Mirambika. He was happy in his new school as learning was never a burden in his new school. He got to do a lot of sports in his new school which he enjoyed a lot. He got new friends and a new environment to grow.

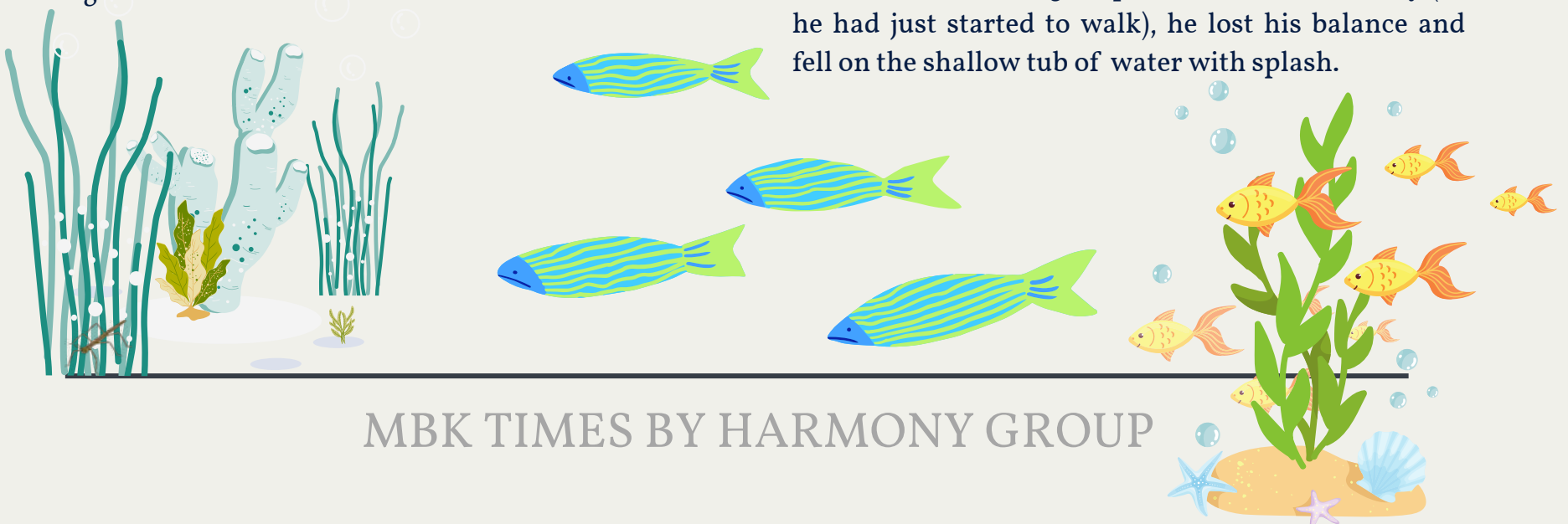
Timeless Moments

Mudit was blessed to spend his early months in Patna and Deoghar with his maternal grandmother when his parents used to go to the office. He fondly remembers his Nani, from whom he heard many folk stories and she became his first friend.

He also got enriched with friend's company and stories at his paternal grandparents' home, whenever he visited them in Pratapgarh in Uttar Pradesh. His paternal grandfather now stays with him in Delhi.

Funny Moments

He is still growing up but there are many funny stories attached to his childhood. One day, when he was just learning to walk, his parents brought a small fish and put it in a shallow tub before him so that he would be amused. Mudit saw the fish, tried to touch it and after a while he tried to get up and move away. But, the moment he got up and tried to walk away (as he had just started to walk), he lost his balance and fell on the shallow tub of water with splash.



MUDIT'S AUTOBIOGRAPHY CONTINUED

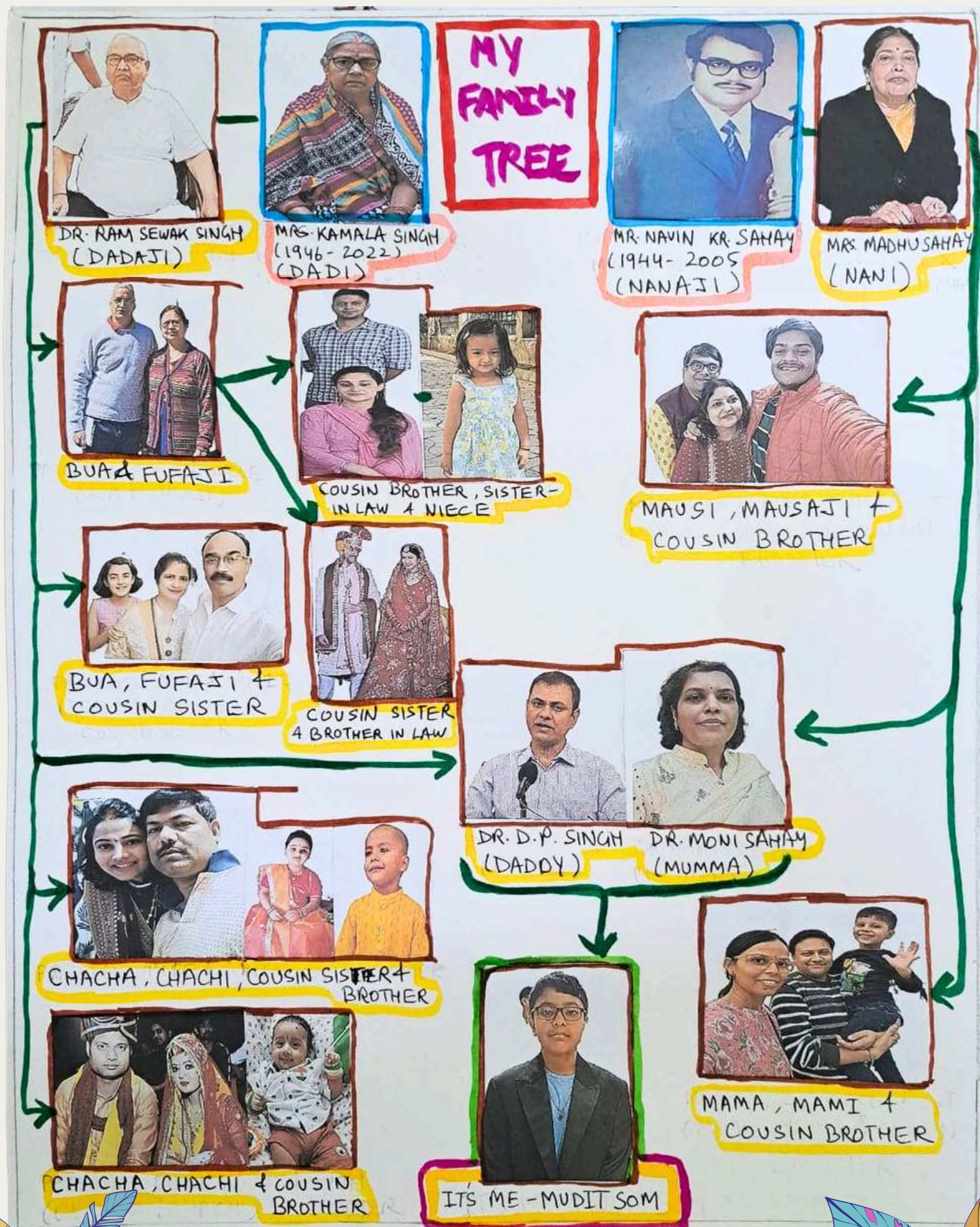
The fish fortunately jumped out with the water splash and was saved!

He was prompted by his parents to chant 'Om Namah Shivay' but he was still learning to speak and couldn't utter more than "Om but why..!". Many such stories are recorded in the minds of his parents and elders and in the films of videos.

He has been to different places and his life is full of experiences and stories to narrate. He is still making wonderful stories with his parents, friends, school and play, each day.

His Character

Mudit is simple, humble and truthful. He has nurtured the virtues and values instilled in him by his parents, teachers and elders. He is good in his studies and always strives to do even better. Still, his dream remains to become a star tennis player one day and the journey continues. He follows his passion and works hard with a smile always... as is the meaning of his name Mudit – Happy state of mind.



SAMVID'S AUTOBIOGRAPHY

Chapter 1: Here I Come...

In the country of table tennis and soccer legends, a young charmer arrived on March 2, 2015. On a crisp spring sun in Austin, Texas, which was brimming with warmth to welcome me into this world, I, Samvid Batra, the firstborn of Dr Nitika Dang and Mridul Batra was gloriously welcomed by Dr Billeu and his team at Seaton Hospital, Austin. It was a rainy Monday morning when my parents eagerly waited for me to arrive at 12:31 PM.

My parents worked hard to raise me. We moved to Delhi when I was 6 months old, but we decided to stay in Noida for the first night.

We stayed in Noida for 3 years where my cousins, Rhea and Itiva lived.

My maternal grandfather's name is Parmod Dang. My maternal grandmother's name is Sudha Dang. My grandfather was a Businessman. My grandmother was an English teacher, and now both of them are retired. My mother also has a sibling. His name is Gagan Dang. My paternal grandfather's name is H.C. Batra. My paternal grandmother's name is Nirmal K. Chugh. My grandfather is a chairman of a school. My grandmother was a librarian in a school. My grandmother has retired but my grandfather continues to go to school every day.

Chapter 2: My Best Friends

My best friend's name is Mudit, he is good at table tennis just like me. He likes to play tennis and talks very fast. He respects everyone. Aviraj is also a good friend, he makes funny jokes and makes everyone laugh. Surya shines like a sun. He is a fruit for Hanuman. Surya is my third best friend of mine and he laughs like a happy person.

Two friends who I must mention here are Aranya and Anant, both are childhood friends. We meet rarely now but whenever we meet, it feels special. Vaibhav is a special friend of mine, just like everyone. He plays cricket well and now lives in Bangalore (I visited him once and felt so good!)

Chapter 3: My Thoughts On The Future of My Life

My dream is to become a professional soccer player when I turn 18. The future is not in my hands but God knows what will happen to me. My life is full of excitement. I think one day the dream will come true. Maybe I will get the happiest gift if possible, who knows? This is reflected in a song papa kehte hein, which I heard on my 9th birthday. I will thank all those who helped me grow, my parents, teachers, friends and family.

I also want to be a table tennis player in the Olympics and win a gold medal and play like Manika Batra!

Chapter 4: An Accident That Changed My Life

Once in the Red group, we went to collect flowers for the group decoration. I saw a stick and picked it up. Samarpit snatched the stick, and then Surya snatched the stick. Samarpit saw a stick and picked it up. He slipped because there was a little bit of mud. The stick came right into my eye. I cried, my teacher ran and came to me and placed some ice. For half a day I could not come. I came back to school with glasses!!!

Chapter 5: My Adventure To Bharatpur With Daddy

When I turned 6 years old, I went to Bharatpur with my father for a birthday trip. The next day we went for bird watching, I was getting my mini camera, and on the way a stone came in my way, I did not see the stone and crashed on my cycle. I bruised my knee but it was fine as I was enjoying being outdoors with Dad. Later Dad placed a bandage. We had taken our bicycles. We were there for 2 days.



SAMVID'S AUTOBIOGRAPHY CONTINUED

Chapter 6: Samvid's Rap

Story begins when I was a child,
 Born in Texas, into the wild.
 As i grew old ,
 Zooming on my balancing bike,
 I loved to hike.
 I started running,
 And got a habit of running every day.
 I will thank all those who support me today,
 For without their help I wouldn't know my way.

Chapter 7: My Interests

I like to play football and table tennis, chess and swimming. I like to run and shoot goals and play catch-catch. I have interest in sports, writing, and making 3D models. Tabla and interstate skate boarding are also my area of interests.
 And I am improving the activities and skills, by learning everyday in school and after school, by going to classes. I like to read funny comics at night so that at night I don't get nightmares (scary dreams).



ARJASA'S AUTOBIOGRAPHY

Introduction

I was born in a Brahmin Bengali family in Delhi, but I am still a Bengali wholeheartedly because my entire family is from a place where many legends were born. They are for example Rabindranath Tagore who was a great poet, writer and played a very significant role in fighting for India's freedom and also won a Nobel prize, and Sri Aurobindo who was a great poet, philosopher and a great Rishi of India. He was also a great freedom fighter. This is not the end we had a great freedom fighter Subhash Chandra Bose who was very brave, daring and selfless. He was so brave that he even did not accept or deny Mahatma Gandhi's ideas and went to Germany for the sake of the country and met the great dictator, Hitler, yes you guessed it right he belonged to the state of West Bengal.

I was also born in Bari Eid and one of my Mother's Muslim friends calls me Chand. My date of birth is 29th July 2014. My name is Arjasa Chatterji and I am 10 years old. The meaning of my name is "Enlighten ray of sun".

Touching Moments: There are many touching moments in my life, few are jotted down here: once when I started playing badminton for the first time in Siri fort, I thought that I would never go up to a higher level but surprisingly I got promoted to a higher level from 6th court which was starting court to 5th court (that is next level) in just 3 months and I was very happy and excited.

I also had to face struggles while playing badminton. Initially, it was not very easy for me to start with this game though in the family we used to play in our leisure time.

The struggles that I had to face while playing badminton were, I could not hold the racket properly nor could I hit the easy shots and the series of mine was awful. But all these problems were getting slowly improved once my coach sir taught me the correct techniques.

The name of my coach is Aman sir. I am thankful to him and every day I'm learning more from him and trying to make my play better each day.

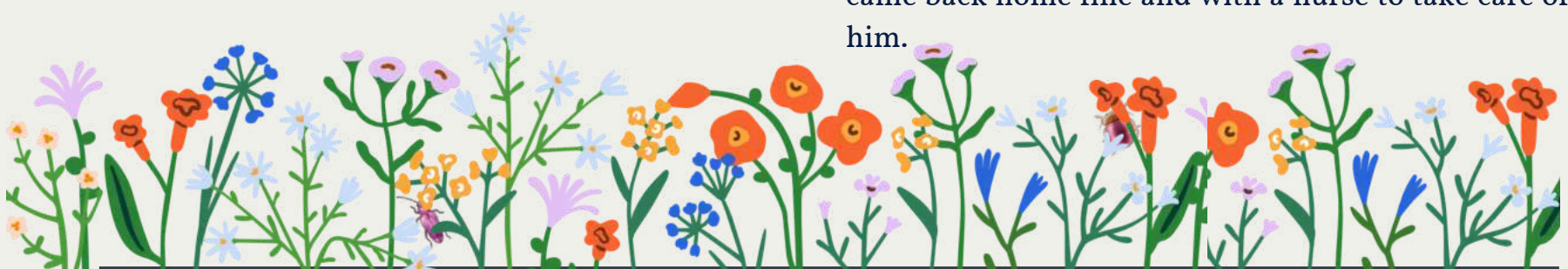
The Second Touching Moment was when I learnt how to swim and dive in the deepest part of the swimming pool which is 6ft deep and there I could easily swim in and out of the water without the help of my coaches. For me, this was the biggest achievement till now which I have aspiring from day 1 of my swimming classes. The name of my coach is Raj sir and I'm thankful to him.

I also had to face struggles while learning swimming which was tough for me to overcome initially and could not have been possible without my coach's help. The struggles that I faced was that I was not being able to hold my breath for a longer time underneath the water, and my hands and legs were not having good coordination but gradually with sir's help and proper technique taught by him helped me to overcome all these.

Challenging Moment: One of the challenging moments of my life was when I had a cough just one day before our Bhagat Singh play which we were doing for Independence Day on 14th August and my mother was not letting me go to school for the play as doctor uncle suggested for rest but I pleaded so much that she had to allow me to go school for the play and the challenging part was that when I was doing the play and had to hold my cough while saying the dialogues.

Scary Moments: Here is one example of what was scary for me. Once when I was little, me and my mother were going somewhere, and my mother went to catch an auto but little me did not know that she went to catch an auto and I thought that she abandoned me, I was so scared but she caught an auto and came back to me and took me to the auto. I was relieved that she hadn't abandoned me and just went to catch an auto.

Sad Moment: Here is an example of a sad moment. A few years ago, when my grandparents, my parents and me were going to Ooty and suddenly my grandfather had a heart attack, and we took him to the hospital, and I was very sad. After a few days, he came back home fine and with a nurse to take care of him.



ARJAS'S AUTOBIOGRAPHY CONTINUED

About My Parents & Grandparents

My mother was born in Purulia, West Bengal and she is an advocate and a homemaker because she takes care of me whenever I need her. My father is an advocate, and he was born in Baranagar, West Bengal.

The name of my mother is Maitrayee Banerjee. My father's name is Kunal Chatterji.

Mother's side: My maternal grandfather's name is Aditya Banerjee, he was born in Purulia, Aamla para, West Bengal and he is a senior advocate. My maternal grandmother's name is Sukla Banerjee, she was born in khaerasole Village and she was a teacher but now she is a home maker. My great grandfather's name is Dwarkanath Bondhopadhyaya, he was born in Dakshin gram, Mallarpur and he was a senior advocate. My great grandmother's name is Nandarani Devi, she was born in Bhagalpur, Bihar and she was a homemaker.

My great - great grandfather's name is Manindralal Bandhopadhyaya, he was born in Dakshin gram Mallarpur and he was an advocate.

My great - great grandmother's name is not known, she was born in West Bengal and she was a home maker.

Father side: My paternal grandfather's name is Asok Kumar Chatterji, he was born in Kolkata, and he is a retired civil servant of West Bengal. My paternal grandmother's name is Juthika Banerjee, she was born in Asansol and she is a home maker. My great grandfather's name was Manindra Nath, he was born in Burma, Myanmar and was a social activist and was in insurance business. My great grandmother's name was Jyotirmoyee Devi, she was born in Naihati, West Bengal and was a home maker. My great - great grandfather's name is Ram Lal Chatterji, he was born in Kolkata and was an advocate. My great - great grandmother's name was Sailobala Devi, she was born in Kolkata, West Bengal and she was a home maker.



REYANSH'S AUTOBIOGRAPHY

Birth of A Unique One

I was born in a Brahmin-Hindu family in the holy month of Ganesh Chaturthi, Janmashtami & Raksha Bandhan, in Hyderabad, Telangana. My name is Reyansh Tripathi, & I was born on 30/8/2014. My mother's name is V. Sucharita, & my father's name is Vinay Tripathi. My first few days of my birth were spent in my humble family abode of Kendriya Vihar, 4th floor, Mayuri Nagar, Hyderabad, 500046.

About My Parents & Grandparents

My mother was born in Vishakhapatnam, Andhra Pradesh on 20/6/1983 & my father was born in Mathura on 16/11/1980. My sister, Shambhavi Tripathi, was born on 6/1/2019 in Delhi. After earning PhD degrees, both my parents are associate professors & are involved in teaching & research.

My great paternal grandfather's name is Ram Mohan Tripathi, & my great maternal grandmother's name is Anna Poorna Sastry. My maternal grandparent's names are V.B Sastry, who was a brilliant chess player, and my maternal grandmother was a Carnatic singer who had a very soulful voice in singing. My paternal grandparent's names are Tara Prasad Tripathi, who is a good orator and sometimes does public speaking, & Shakti Prabha Tripathi. My paternal family ancestors are originally natives from the holy city of Ayodhya.

Timeless Moments

I had some timeless moments in my life, for example, the football tournament. First, my team was struggling very hard, we were losing every single match.

But then in one match, we changed the state of our position. We worked hard as a team, & with perseverance & patience, we brought home the trophy.

My Touching moments were when I scored a lob shot goal in football in Harmony group. I didn't think I could ever score a goal like that in my life. My other memorable moment was when I was in Aditi group, we went to the Westin Sohna Resort in Gurgaon & in the boy's dormitory, Rasmita Didi was telling us stories. We had great fun listening to Didi's adventurous & thrilling stories. I had some interesting moments also. For example, the visit to the science centre. I was fascinated by the amazing & unique activities & exhibitions there.

One of My Scary Moments was when the group was watching the Bhagat Singh movie. In some parts, I got scared because it had a sad context, or because it had emotional scenes. But that movie taught me many lessons which had profound meanings.

My Difficult Choices were when I had to go to Mirambika, or to some other school, but I chose Mirambika. When I first entered Mirambika, I felt a peaceful atmosphere. It was an enchanting & incredible sight. There were enormous classrooms, a big complex & lush, green fields. One of my emotional moments was when my maternal grandmother recently left for the heavenly abode.



REYANSH'S AUTOBIOGRAPHY CONTINUED

Developing Hobbies

My first hobby was art. I developed the skill of art at the young age of 7 years. Everyone used to say that I create masterpieces. But my obsession for tennis followed afterwards. At first, I was very weak in tennis, but with inspiration from professionals around the world, I started defeating kids who were 2-3 yrs older than me. I was very agile & fast.

Then, my passion for football & table tennis arrived. At first, I didn't have a clue to anything. But then, my good friend Ashwin in my campus taught me TT & I am extremely grateful to him. In football, I taught myself a few tricks, but Kavi, Samarpit & Samvid helped me throughout. I am grateful to them, too. I still keep up these passions.

Currently, I am learning flute. I was inspired by the soulful melody of it in both Hindustani & Carnatic music & also by my mother's fascination towards it, I started learning. I'm not excellent yet, but I know the basics. My mentor was a student of the great flutist, Hari Prasad Chaurasia.

My Gratitude

I give my sincere thanks & credits to: my parents, for shaping me & driving me to perfection. My teachers, Baren Bhaiya, Arunima Didi, Rasmita Didi, Sulochana Didi, and all the diyas for teaching me that opportunities are endless & one can do wonderful things. My friends, in school & campus, for giving me timeless company. My coaches & mentors, for showing me the right path.





ARVINDA'S AUTOBIOGRAPHY

Lotus

She, the glowing girl, was floating gracefully on a lotus bud. The petal swirls with joy and peace onto the earth and that's how Arvinda's life starts. She belongs to a very kind family in Bellur in Karnataka. Her lovely mother's name is Hamsaanandini Nanduri and she is a corporate lawyer and works independently. Her father's name is Rohit Raghavan and he is a corporate lawyer and works with a firm. A few years later she had a little brother named Hasit. That's how her life starts - like a lotus. She, as a small girl, loved helping others. When her mother says no, sometimes she gets angry. She is very good in sports. She loves gymnastics, that is the first sport that she learnt as a young girl. When Arvinda was around 5 or 6 years old, she used to get hurt often. Her mother would find some of those incidents funny.

About Herself

She, Arvinda, the lotus queen has peace inside and she shares it with everyone like a rabbit. She doesn't like to fight. Her inner friend controls her from doing that.

Her Grandparents

When she met her Dadi for the first time she was very excited. She gave her new clothes to wear so she wore them and started jumping on the bed like the five little monkeys and she fell and got hurt in her stomach. A few minutes later she was fine and her Dadi was teaching her the alphabet. Arvinda didn't know any. After a few months, she went with her family to Ahmedabad to celebrate Diwali and her Dadi's 60th birthday. She even got to meet her nani, nana, her cousin sister and her great-grandparents. Her nani used to be a teacher. Her Dadi was the principal of a school. They took care of Arvinda and her brother like they were their angels.

Challenging Moments In Life

She, the gymnastics champion of her family, was getting ready for her competition, the most challenging part for her. She was practicing very hard to get her medal. She got on the floor and started her performance and in her stomach

butterflies were flying but she still did it. She did all the things that she had to but after the competition she did not get a medal she was very upset but she knew that maybe next time she will get a medal so she held her tears back.

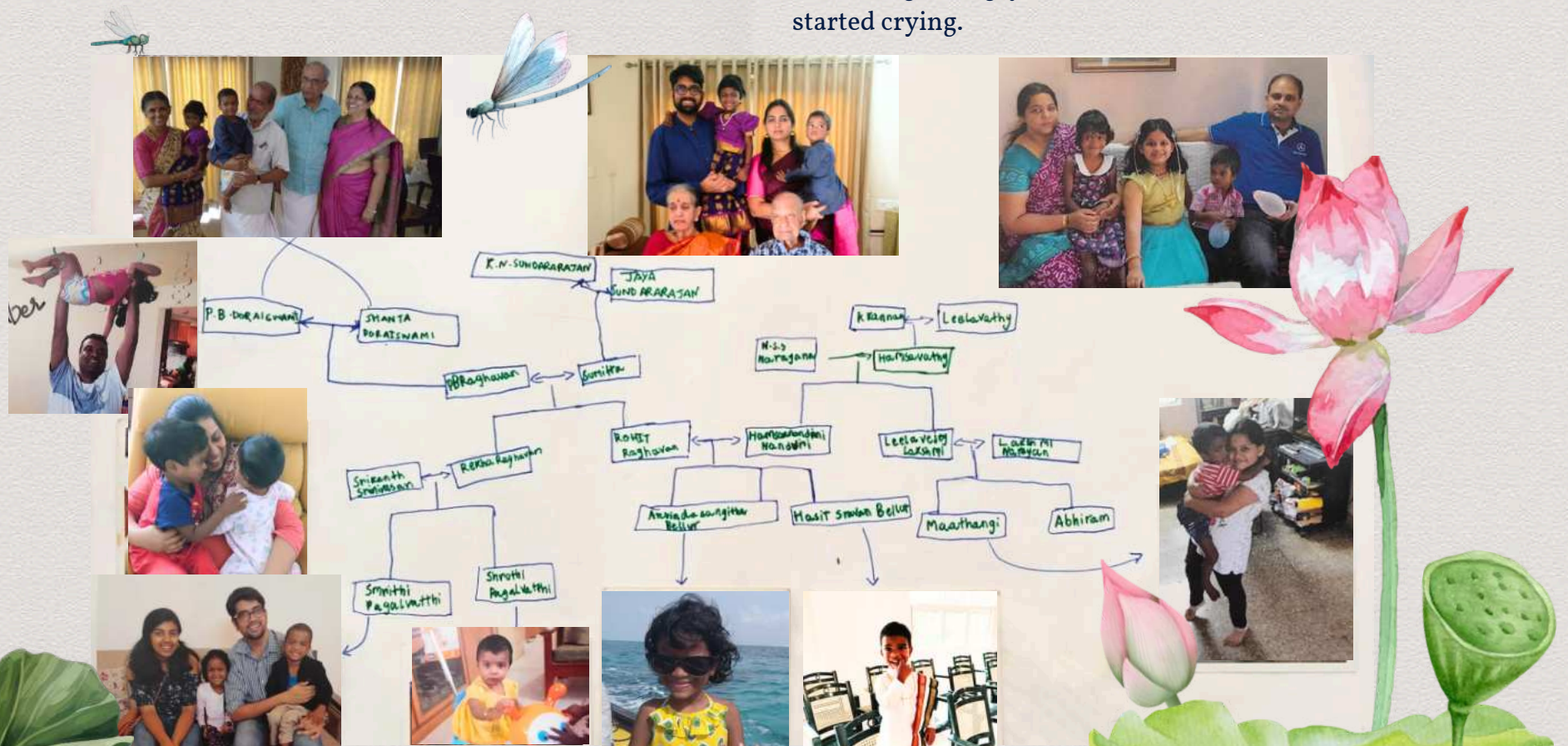
Touching Moments

When she had gone to Austria she had never ever seen a city like Vienna, with so many buildings. After few days she did a family cycling trip she felt so free like a wild horse. Cycling in the middle of the fields she felt very happy and amazing.

One day in Aditi group, the children took individual topics so she chose Indian dances. She had to make games and write about all the classical dances of India. After Arvinda finished with that didi told her to learn a few of them but she didn't know any Indian dance. Then Naira and Bhargavi knew Bharatnatyam and Kathak though she didn't know much about them. Then she learnt Bharatnatyam and Kathak from them. It was so much fun and in that process she made new friends. Even now they are best friends, when they are there for her she is there for them too.

Emotional Moments

Once, in Aditi group the children were doing a programme on the Ramayana. Didi told the children to choose a place to make, so Naira, Myra, Gauri and Arvinda chose Panchavati. It was hard but fun. Then they made the hut and the other things. But then someone had to make games, so Arvinda went ahead and made the games. When Arvinda was finished then Gauri said she could take it home and stick it on a cardboard, so Arvinda said ok. The next day Arvinda asked Gauri where are the games that Arvinda had made. Gauri said that she made her own games and asked Arvinda why she gave the games to her. Arvinda told Gauri that she had offered to stick it on cardboard and so she gave them to Gauri. Arvinda got angry and could not control herself and started crying.



RAAGHAV'S AUTOBIOGRAPHY

About Himself and Younger Brother

My mom was praying for a soul at Ram Mandir in Jabalpur, Madhya Pradesh. After someday she was blessed with a soul. My mom and the family were happy with the soul. Born on 27th March 2014, the baby boy's name is Raaghav, smart, good at playing cricket and a great cook. It was a great day that a cricketer was born, the Narang family was happy. The Narang family were happy to have a baby. They were playing with the baby and doing everything they could. One day it was time to name the baby, they decided to name the baby Raaghav after Lord Ram. Raaghav grew up and became smart. He started going to Mirambika School, a good school with a lots of qualities.

On 23rd march 2022, Raaghav got a little brother and the family named the little boy Dev. He was very happy because he got his younger brother as his birthday gift. Now it is 2024, Raaghav and his brother are growing up and focusing on studies, sports and having fun.

Raaghav grew up smart and matured, had many touching moments and challenging activities in his life, travelled a lot and received a lot of love from his family.

Challenging & Touching Moments

When I was small, there were thousands of touching moments and challenges in my life. Now let me tell you about my challenging moment. One day my parents were not at home and I was young and was with my Bua, we played a game called dark room, it is the same game as hide and seek but it is played in a dark room. It was a challenging moment for me because I had to live without my parents.

Now I will tell you another challenging moment that when I was born, I had some health problem but after few weeks I recovered and started living happily with my mother.

Now I will tell you another challenging moment. Once I was playing cricket with my neighbourhood friends our ball was in the air I was going to catch it and my friend was also going to catch it. We both collided with each other's head and fell down.

Now I will tell you a heart touching moment. Once a child got hurt in my cricket academy so I got a pain relief spray from the Sir and I sprayed it on him. Now I want to tell you something about all these moments that I have shared, they are an important part of my life. The challenging moments were difficult for me but the heartwarming moments were not easy either because I had to work hard to achieve them.



MYRA'S AUTOBIOGRAPHY

About Myra & her family

On a rainy night, a great child was born. She had brown sparkly eyes and a big round face. She was very beautiful and innocent like a flower and her parents named her Myra. She was born at Moolchand Hospital in New Delhi on the 10th of January 2015. Her mother's name is Suchitra and her father's name is Gyaneshwar Sarswat. Her mother is a journalist and she does her work happily. Her father is a businessman and works very hard every day. Her favourite colour is purple and she loves sports. Her paternal grandfather's name is Shiv Charan Sarswat and her paternal grandmother's name is Maya Sarswat. Her maternal grandmother's name is Urmila Sharma and her maternal grandfather's name is Virendra Kumar Sharma.

Challenging Moment

On a holy day, in her colony, everyone was celebrating Lohri. It was a very happy cold night. It was winter but she was not wearing too many woollen clothes. After some time, she was feeling very dizzy and her head was spinning very badly. She was rushed to her home as fast as she could. After reaching home she laid down on her bed comfortably. She felt good after some time.

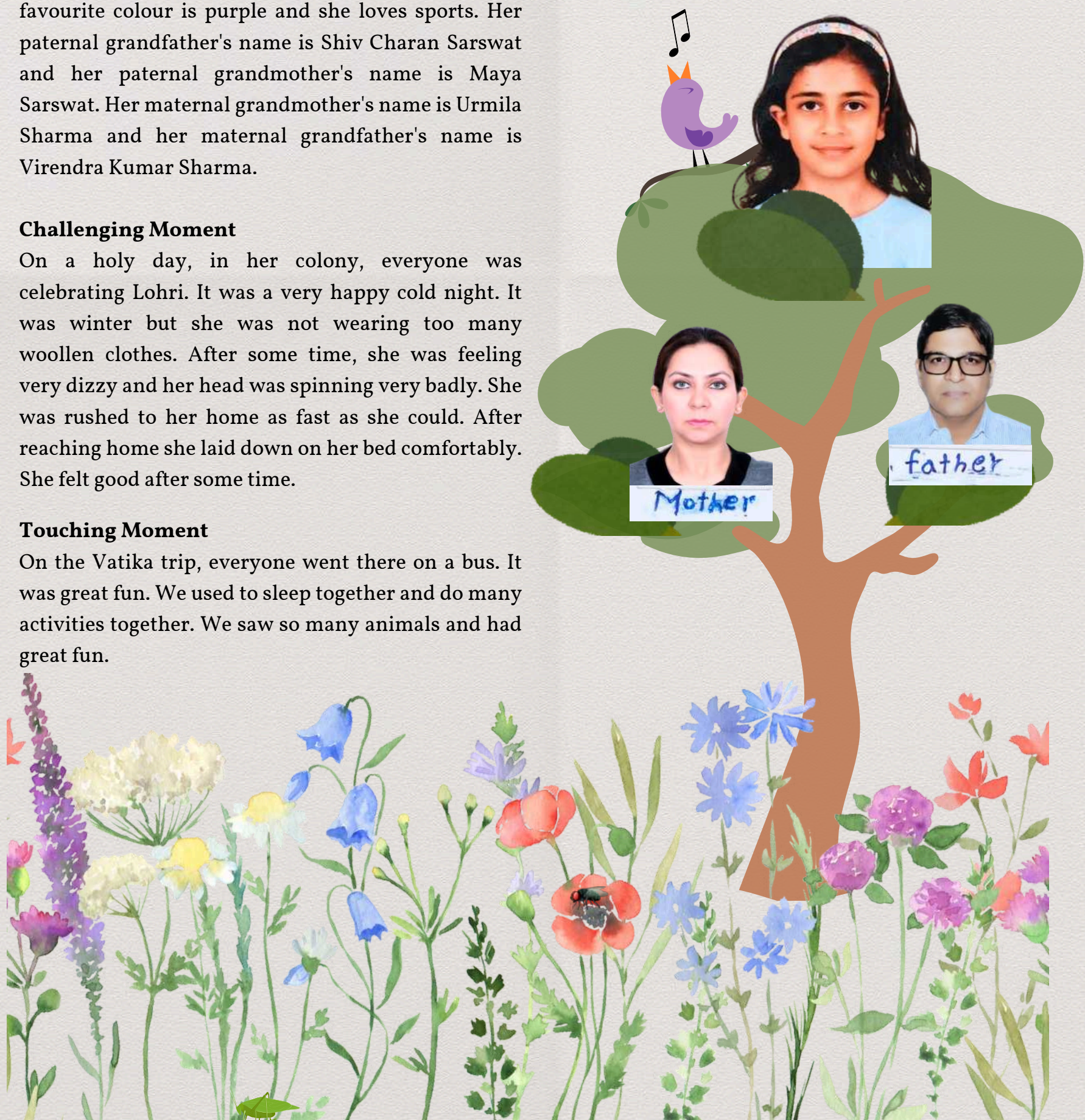
Touching Moment

On the Vatika trip, everyone went there on a bus. It was great fun. We used to sleep together and do many activities together. We saw so many animals and had great fun.

Emotional Moment

One day everything was going alright. Suddenly her father received an unknown call on the phone. A nurse was saying that your father is severely sick. Father rushed to the hospital as fast as he could. She was very shocked and emotional on that day.

She has gone through various phases of magnificent discovery.



AVIRAJ'S AUTOBIOGRAPHY

About Myself & My Family

Hello, my name is Aviraj. My birth date is 28th February 2015. I was born in Bihar. My address is Danapur near Hi-tech hospital, Patna, Bihar-801503. I am a boy. I am nine years old.

My parents names are Sudha Kumari and Santosh Kumar. I have a sister. She is older than me. Her name is Shagun. My mother is a homemaker. My father works in LIC (Life Insurance Corporation).

My Grandparents

My paternal grandparents are Jitendra Singh and Rajmani Devi. They were also born in Bihar. Bihar is famous for the first university in the world. It was very big. We celebrate Chat Puja. We visit river Ganga and worship her. My great grandfather was Ishvar Singh and my great-great grandfather was Domi Singh. My grandfather worked in the army.

Challenging Moments In Life

One day my bua visited my house. She was delighted to meet us. Before her departure, she told us that one of us could go to Kashmir with her. That time I was three years old. I spent my time with my parents. But I really wanted to go to Kashmir. Then I decided that I would stay with my parents.

Touching Moments

One day, we went on a school trip to Haryana Sona Resort. On the trip day, with full of joy, we were seated in the bus. When we reached there and went inside, it felt like the first step to heaven. With our small suitcases we reached a small place. In resort, I liked visiting the lake and riding a car.

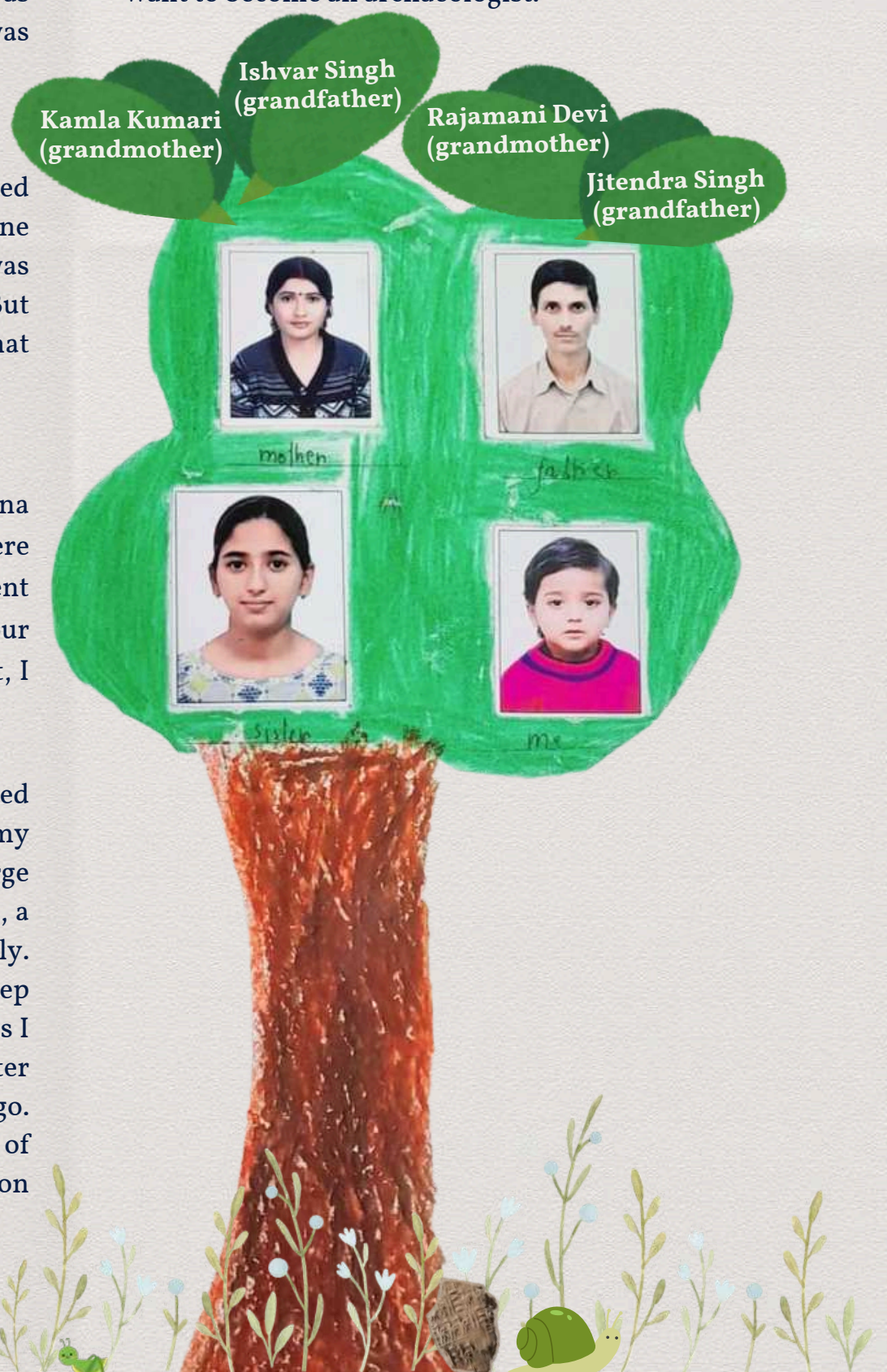
Another touching moment came when I joined Mirambika School, there was excitement all over my face. There was a big building, big park and large trees in the school. When I entered the Red Group, a voice said, "Who are you? I introduced myself softly. My mother was outside. That day I took another step of success. But the next step was going to be hard as I have to be in the school without my parents. After some days, didi told my mother to leave me and go. When my mother was leaving me, I was really out of control. I cried for one hour. Then I concentrated on my work and became diligent.

Compromised Moment

My compromised moment was when I was 6 and I was spending time with my parents. When covid cases were increasing, I became a covid patient. Doctors said I have to be separated from my parents for one week. Separate room, separate bathroom, that was very hard for me but I had to manage. After one week, we visited the doctor again and I wished that I didn't want to compromise any more and my wish was fulfilled.

My Hobbies

Let me tell you about my hobbies. My hobbies are singing, sketching, writing poetry and more. I want to become an archaeologist.



GAURI'S AUTOBIOGRAPHY

Gauri

On the grand night of the 25th of January 2015, a young girl was born. Full of potential she could do extremely difficult tasks at a small age. She was a fast learner and began walking at the mere age of 9 months. Her mother and father saw the spark of the divine's blessing and named her Gauri, a form of the goddess Durga. Strong and fierce, yet so calm and gentle. Gauri dreamed of becoming an athletic star. When she started going to school her parents realised, she had a keen interest in sports, as well as a good amount of talent. So at five years old, she got a basketball and began playing with her father. The game asked many things about Gauri such as agility, speed, teamwork, and sportsman's spirit.

Climbing

Gauri was born in the spiritual land of India, where everyone is considered family. Not only was she born in a wonderful nation, she was born in its heart, Delhi. The city of rallies. At the age of seven, Gauri went to the United States for the third time in her life. There, Gauri along with her siblings visited a climbing facility to try it out. Gauri enjoyed climbing thoroughly and was a natural at it. Once her family returned to India, Gauri's mother took Gauri to a climbing facility in Delhi (Indian mountaineering federation). There, for around three months she practiced hard, perfecting her skill as much as she could.

One day, while climbing, Gauri's teacher complimented her skill and suggested a new facility for Gauri to climb at. The first day, she did not like the place at all. However, her mother asked her to give the place a try, for a little while.

After much consideration, Gauri finally gave in. A month passed by, and Gauri's liking for the place grew, and she began to train there every day. As Gauri's skills got better, she started training under a new coach. Apart from climbing, she also continued playing basketball at home. A year of training later, Gauri competed in a competition in Jamshedpur and returned with two gold medals. To this day, Gauri is training hard, improving herself every day.

Gauri's Mother

Gauri's mother is a wonderful woman. She was born on the 31st of October, in Chandigarh. Her parents named her Monica, and her name is of Italian origin. Monica's father was in the army so Monica travelled from state to state throughout her young life. Monica wanted to involve herself in the highest truth possible so she became a Yoga teacher. She also, believed in physical and mental fitness and wanted to share it with others. Apart from Yoga, Monica also had a keen interest in Art. During lockdown, she made numerous drawings and gifted them to others as well as put them around the house.

When Monica was in college, she visited a bookstore and found a book by Sri Aurobindo. She began gaining interest in his teachings and read all of his works. Monica wanted both her children to be guided under the philosophy of Sri Aurobindo and The Mother. Hence, she sent her children to Mirambika.

Gauri's Father

Gauri's father is a very sweet man. He was born on 8th November in Chhattisgarh. His parents named him Amitabh which means the one with boundless splendour. Amitabh also has an older brother. Amitabh had an interest in the hospitality business and in college he studied hotel management. This led him to create a catering company called Safari Grills. Amitabh also has a keen interest in cricket. Every Sunday without a doubt he goes to play the sport. Apart from playing cricket, he also enjoys watching it. Amitabh is also a very good cook and makes wonderful dishes from around the world.

Gauri's Older Sister

Gauri has an older sister who is very studious and kind. She was born on 14th June 2011 in New Delhi. She was given the name Ahaana, after the poem by Sri Aurobindo. Her name also meant the first rays of the sun. Ahaana is now in 8th grade and wants to become a journalist in the future. She is also interested in classical singing and dancing. She has been training in Hindustani classical music since she was 6 years old! Gauri and Ahaana, get along from time to time.



GAURI'S AUTOBIOGRAPHY CONTINUED

But, like all siblings, they have their fights. Ahaana is a great older sister and tries to always look out for Gauri.

Challenging Moments

One of Gauri's most challenging moments was when her Dadi got COVID-19 and unfortunately passed away. Gauri was not able to hear her dadi's voice for the last time. But, she said goodbye to her Dadi and told her that she would never forget her. The rest of the week, Gauri was very sad and cried almost every day. Fortunately, she made friends with a sweet dog during that time.

Another one of Gauri's challenging moments was when she was four years old. While her parents were not at home, she decided to play with a cardboard cutter. Suddenly the cutter slipped out of Gauri's hand and cut her finger. A few years later, she had to make a house out of cardboard, to make that house she needed to cut the cardboard, she was really scared and did not want to make it but she had no choice. With the help of her family, Gauri overcame this fear and now came to handle cardboard.

Touching Moments

One of Gauri's touching moments was when she went to a climbing competition. When the competition ended Gauri was a bit disappointed as she felt she did not do her best, especially compared to her friends. Everyone wanted to take a picture, but Gauri did not want to. A friend of hers, who is very good at climbing won 2 medals. She noticed Gauri's sullen face and felt a little bad for her. She went to Gauri and gave her one of her medals and said come take the photo. Gauri felt very touched and thanked her.

Another one of Gauri's touching moments was when she was sent a letter by a very good friend of hers who was from Bangalore. They had become friends in a climbing competition. They both became friends because the other girls were already friends and were leaving Gauri and her friend out so they both decided to become friends and for good competition for each other they are still friends and have a lot of fun when they are together.

A touching moment from Gauri was with her sister Ahaana. One day, there was a slight breeze in the air, so the two were on the roof enjoying the weather. They sat on the roof for 20 minutes in the cold breeze. A little while later it started raining and it progressively got harder and harder until it was raining so hard you could not find the sky. It had become dark, nothing could be seen and the electricity kept coming and going. Gauri started getting a bit quiet and scared but Ahaana distracted her and played some games with her and even laid on the ground, with rain falling on their faces. This is one of Gauri's best moments with her sister, and touching story to tell.

Scary Moments

One of Gauri's scary moments was when she was climbing. It was Gauri's turn to climb, she fell off the wall and landed in a very bad position, to the point that she was hanging upside down and got a rope burn on her thigh. All the belayers rushed to her and helped her to safely get down. Once Gauri came down they checked her thigh and saw a big cut. She put on some medicine and a bandage around the thigh. The whole experience scared Gauri a lot.



SAMARPIT'S AUTOBIOGRAPHY

Introduction

I am known by my first name, Samarpit Pattanayak. My birthplace is a place where Lord Jagannath's blessing is present. The names of my parents are Jyotipriya Khuntia and Ashok Kumar Pattanayak. I am from Balasore, Odisha. I am 10 years old. I am a boy. I am a legendary football player and TT player. I am the lion of Odisha. I share my courageous strength and thought with everyone. Odisha is where I find my strength due to its sacred Jagannath and Konark temples, both of them are filled with mysteries. Agni and Vayu missiles were tested at Chandipur, which is a part of APJ Abdul Kalam Island. These are my strengths and I am proud of my state, Odisha. Jay Jagannath!

Challenging Moment

During my summer vacation this year, I took the metro train to someone's house. There were times when the metro train went up a bridge and other times it went underground. I became unwell after returning home. For 15-16 days, I was suffering from a high fever. Finally, the doctor recommended that I be admitted to a hospital. I was admitted for 4 days and came back to home.

Touching Moment

I saw my cousin's brother for the first time when he was one month old. Then, my mama went to Hyderabad with my cousin and my mami. I was very sad at the time. But when they moved to Odisha, I was very happy, and whenever I visited Odisha, I always met him. I love playing with him."

Emotional Moment

On February 26th, 2024, my Dadi passed away. I cried so much because I loved her deeply. Although my Dadi is gone, her memories will always stay in my heart. I prayed to God to take care of her."

My Improvement

In these 5 months, I have improved my complaining habit. Before, in April, I complained a lot about my friends, but now I have worked on myself and do not complain as much. I used to play football well, but after some time, I started to lose my ability. However, I have improved my football skills and am playing well again. When we started playing table tennis, I didn't know how to play, but my friends did. They teased me, but I didn't listen to them, and I improved my skills. I played with Samvid, Mudit, and Pranav bhaiya and learned how to play table tennis with them.

During study time, when Jayanthi Didi taught us about the lungs, I didn't understand. I felt very sad. However, I improved my listening skills and started to understand properly. I need to improve my handwriting and my drawing skills. I will not seek revenge. I will focus on improving my eating habits and being healthy.

About My Parents & Grandparents

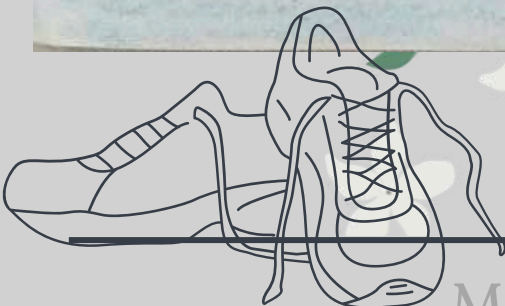
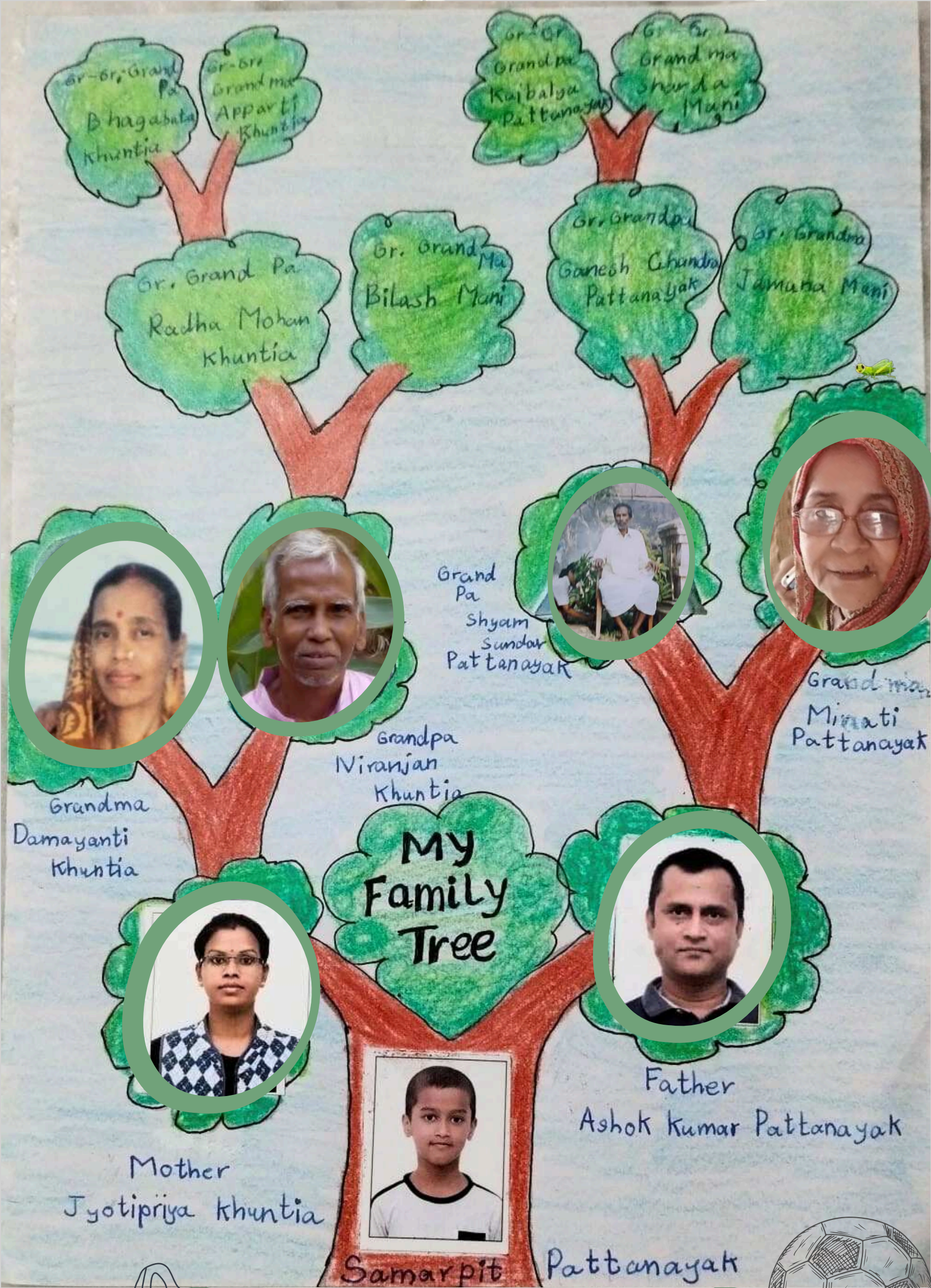
Jyotipriya Khuntia is my mother. She is a teacher and she is from Odisha, Balasore. Ashok Kumar Pattanayak is my father. He is an artist and teacher. His place of birth is Odisha, Balasore.

My parents' grandparents' names are Shyam Sundar Pattanayak and Minati Sahu. My great-grandparents' names are Ganesh Chandra Pattanayak and Jamuna Mani. My great-great grandparents' names are Kaivalya Pattanayak and Sarada Mani.

My Maternal Grandparent's name is Niranjan Khuntia and Damayanti Khuntia. My great-grandparents' names are Radha Mohan Khuntia and Bilasha Mani. My great-great grandparents' names are Bhagabata Khuntia and Apartti Khuntia.



SAMARPIT'S AUTOBIOGRAPHY CONTINUED



KAVI'S AUTOBIOGRAPHY

About Myself and My Family

On a cold and rainy afternoon on 14th December 2014, a brilliant football player was born. He brought joy to his whole family. My name is Kavi Narain. Soon when I first stepped into my house my curiosity grew. As I soon became bigger I started reading books that gave me knowledge. My mother's name is Bhavana Malhotra and she was born on 4th September 1984. My father's name is Anant Narain and he was born on 7th October 1982. I also have a younger brother named Kush Narain, who was born on 15th July 2019. I only know about my great grandfather who was an actor and a freedom fighter named Birendra Narain. My parents are both directors and photographers. My maternal grandparent's names are Shobha Malhotra and Dinesh Malhotra. My maternal grandmother works at home and my maternal grandfather used to work for the Indian Navy. He also captained a submarine. My paternal grandparent's names are Beena Narain and Vijay Narain. They are both architects, and they have taught me many useful things for model making. I go to the school Mirambika where I enjoy spending time with my friends and do many interesting things. I like this land of India I live in with my family and friends and I hope it always stays like that.

Scary Moments

In my life there have been many scary moments. Here are a few of them. Once at night I was small and was in my room, I thought "Was a shadow of someone moving?". Suddenly I saw it again! A shadow of something was moving. I was scared and could not sleep that night. The next day I learned that the shadow was my own shadow! This was very scary and turned out very embarrassing. One more scary moment is when I was 2 or 3 years old, I went to the National Science Centre. I saw many interesting things. I also wanted to go into the mirror maze. But when I rushed into it I soon got lost. I panicked a lot and found myself getting confused and running around hitting dead ends. I kept going straight, right, left but could not find my way out. My heart was beating very fast, or rather pounding very fast. Now I think of it as an adventure but at that time it was very scary.

Difficult Choices

One difficult choice in my life was once in the summer holidays of 2022, my mother and father gave me a choice to go to Goa or the hills. As much as I liked the sandy, golden beaches and the clear, turquoise-blue sea, I loved the lush, green hills full of green meadows and fields, trees and leafy bushes and greyish-silver rocks. It was a big choice for me, but I chose to go to Goa. One more difficult choice was when I was six or seven I could go for my first night stay in the Ashram with my class! But there were some events in my family as well. I did not want to miss out on either of them, but finally, I chose to go for the night stay.

Touching And Challenging Moments

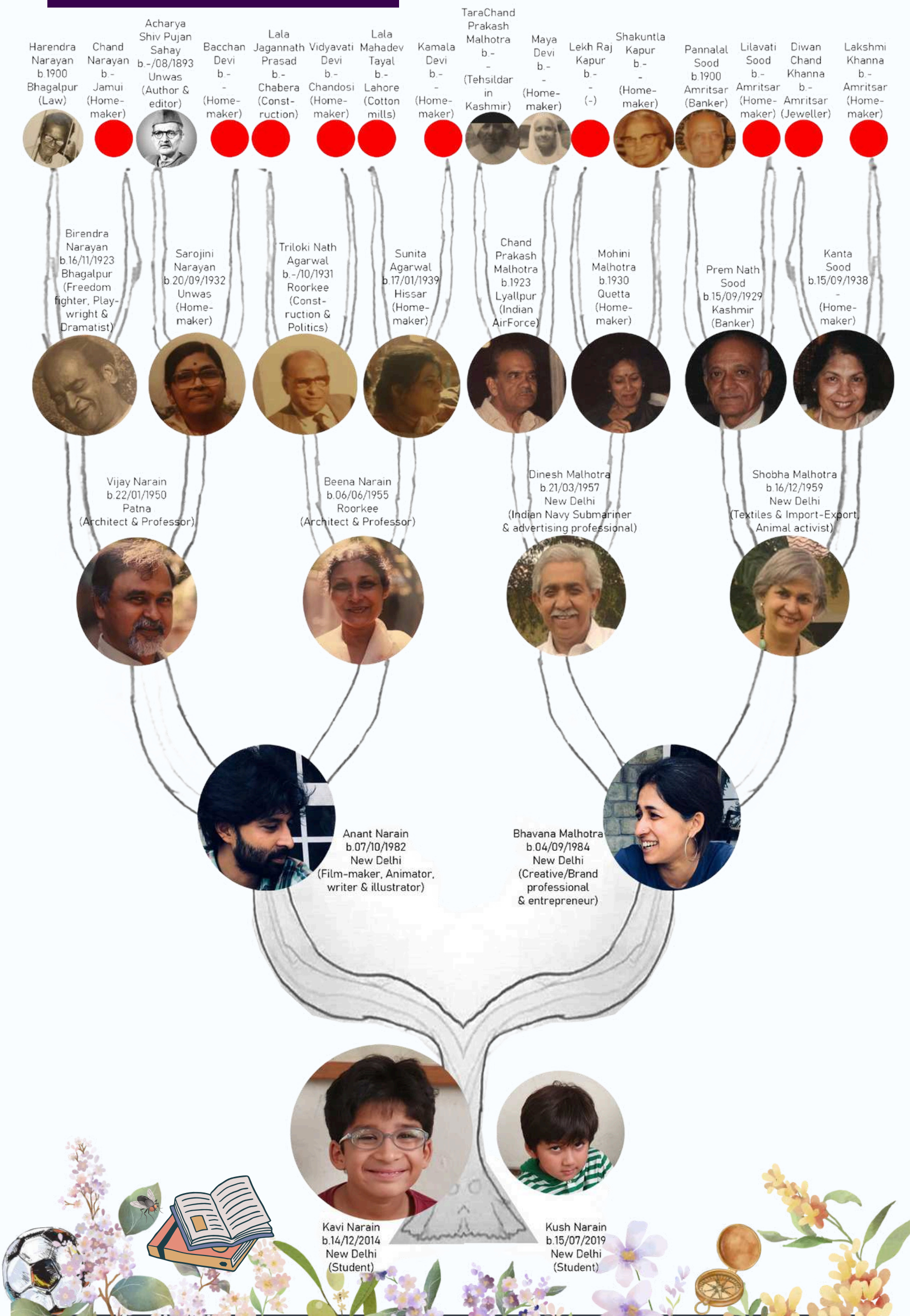
There have been many touching and challenging moments in my life. There was one very challenging moment. When I must have been around 7 years old I banged my head on a wall and got a deep cut, blood was bleeding from my head. I was rushed to the hospital immediately and got 7-8 stitches. It hurt a lot, but I faced the challenge by enduring whatever pain was there. One more challenging moment was when I was trying to learn cycling. Every day, I would slip or fall or lose my balance. But my mother and father would help me. Once my father left the cycle by mistake but I was finally riding on my own! This was both a touching and challenging moment for me. I learnt to cycle in just 3 short days. One touching moment for me was when I was born and took my first step into my house I became curious that instant moment and began to explore. When I started exploring I saw such lovely books waiting to be read! Such wonderful toys! What wonderful treasures were waiting to be discovered! I was very happy with my new home and wanted to thank my parents. Though I could not speak, I waved my hands wildly at my parents. It was a very touching moment for me.

Improvements This Year

I have improved many things in the Harmony group this year, like ways of using more interesting words in my writing. I have improved my knowledge of the human body. I also improved my shot power in football. I have become much better at TT and badminton. I have also improved my acting, like in the Bhagat Singh play. I have improved my newspaper writing also. We also named our group Harmony group when we joined the class. But we have not always been able to be in harmony together. I have to improve that as well. I have to improve my Hindi grammar, sentence formation and reading. I need to improve my maths tables 12 to 19. I still have to improve my 8 tables also in maths a bit but I have still improved a lot in maths this year. I have to improve in not fighting and getting angry.



KAVI'S AUTOBIOGRAPHY CONTINUED



SURYA'S AUTOBIOGRAPHY

Introduction

At 10:41 pm, a great person was born, whose destiny was to change the world. His name was Surya. Born in Delhi on 5 March 2015, Surya understands the world. His parents, Aditya Pant and Arundati Muralidharan watched their little charm grow.

When I was two months old, I went to Chennai where my great-grandfather, A. Sreenivasan lives, and was lucky enough to see three generations of his family. And just a little after, when I was three months old, I went to Bhimtal on my first train journey. My grandfather, Brigadier Hari Mohan Pant, and my grandmother, Kumkum Pant had settled in this heaven-like place in the Himalayas. From my father's side, I come from a Kumaoni family, and I am the 28th generation of Pants. In Bhimtal, I made a good friendship with two children – Preeti and Nitesh. And that friendship still exists nine years on.

On my mother's side, my grandparents Lalita Muralidharan and S. Muralidharan are Tamilians.

My Parents

Before I tell you about my grandparents, I will tell you about my parents. My mother, Dr. Arundati Muralidharan, was born on 10 May 1980 in Ernakulam, Kerala. She has a younger brother named Ashwath. She works in public health all across the world. She is the co-founder of an organisation named MHAI. My father was born on 3 May 1981 in Darjeeling. He has two older sisters. He is opening a café in Bhimtal and runs a company called Kafal Organics.

My Grandparents

My paternal grandfather had a deep respect for India and joined the Indian Army to protect the country. He retired as a Brigadier from the Indian Army. He now works on Ayurveda and Naturopathy. My maternal grandfather studied physics but became a banker. My maternal grandmother was a social worker and my paternal grandmother is a baker and runs an Airbnb in Bhimtal.

My School Life

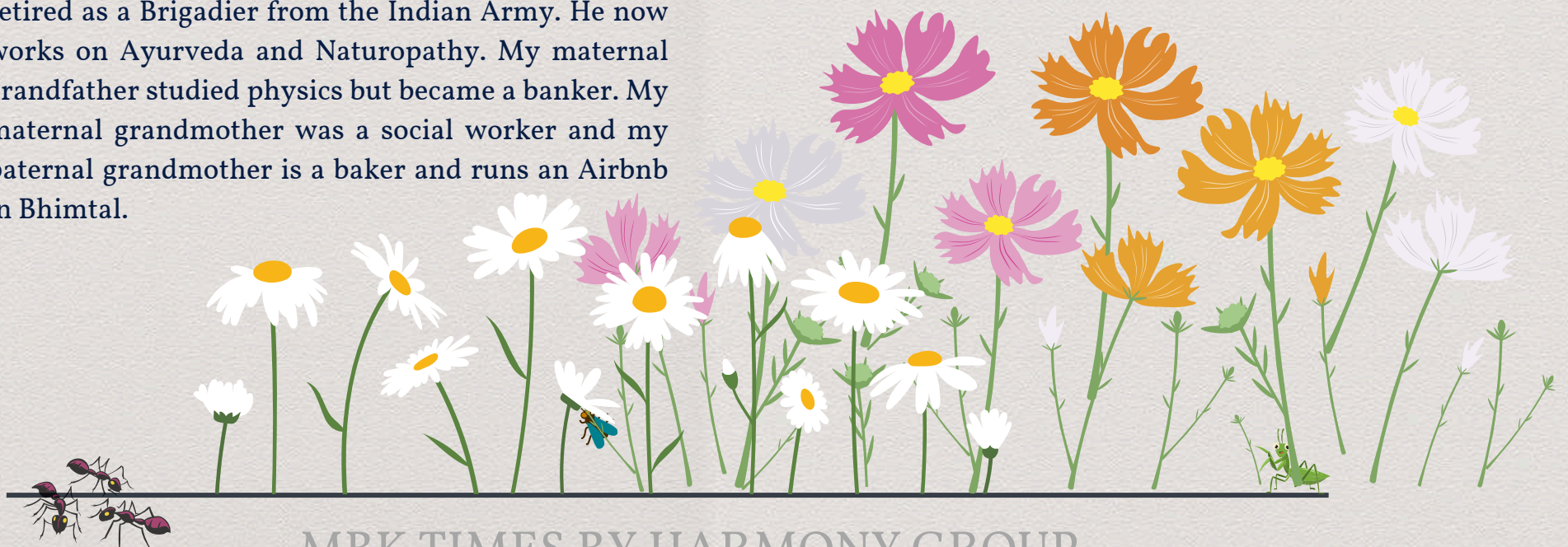
When I was two years old, I joined a play school called Navakriti. I met Gauri and Raaghav there. In Navakriti, I began to experience social life. Just one year later, I joined Mirambika, where I made many more friends. My friends keep changing over the years. Right now, my close friends are Reyansh, Kavi and Aviraj and Samvid is also a very good friend.

In the beginning, Mirambika felt very strange because it was the first time I was learning big things. In Green Group I started learning to read and write Hindi. It was very hard for me to write in Hindi. By this time, I had changed a lot. I started playing group games, doing plays with complicated stories and harder projects.

During the Mirambika years, there were a lot of events that shaped my life. The major one was COVID-19. It was a very harmful virus. In the first wave in 2020, I was very lucky as my family and I escaped to Bhimtal. But in the second wave, we were stuck in our flat in Delhi and could not even go to the garden in our colony. Thankfully, I kept myself entertained till the virus slowed down.

My Interests

I like to travel and I like history. I enjoy going to new places, tasting new foods and seeing new cultures. My favourite place I have travelled is Pondicherry because the beaches are lovely and the atmosphere there is calming. I like air travel because I find it fascinating to go over the clouds. I also do fun road travels with my family – we have been to Kareri in Himachal Pradesh, Uttarkashi and Gangotri in Uttarakhand and Bikaner in Rajasthan - all by road, with my dog. I like the mountains and the sea. I felt lonely when I travelled to the deserts of Bikaner. But overall my experience was wonderful.

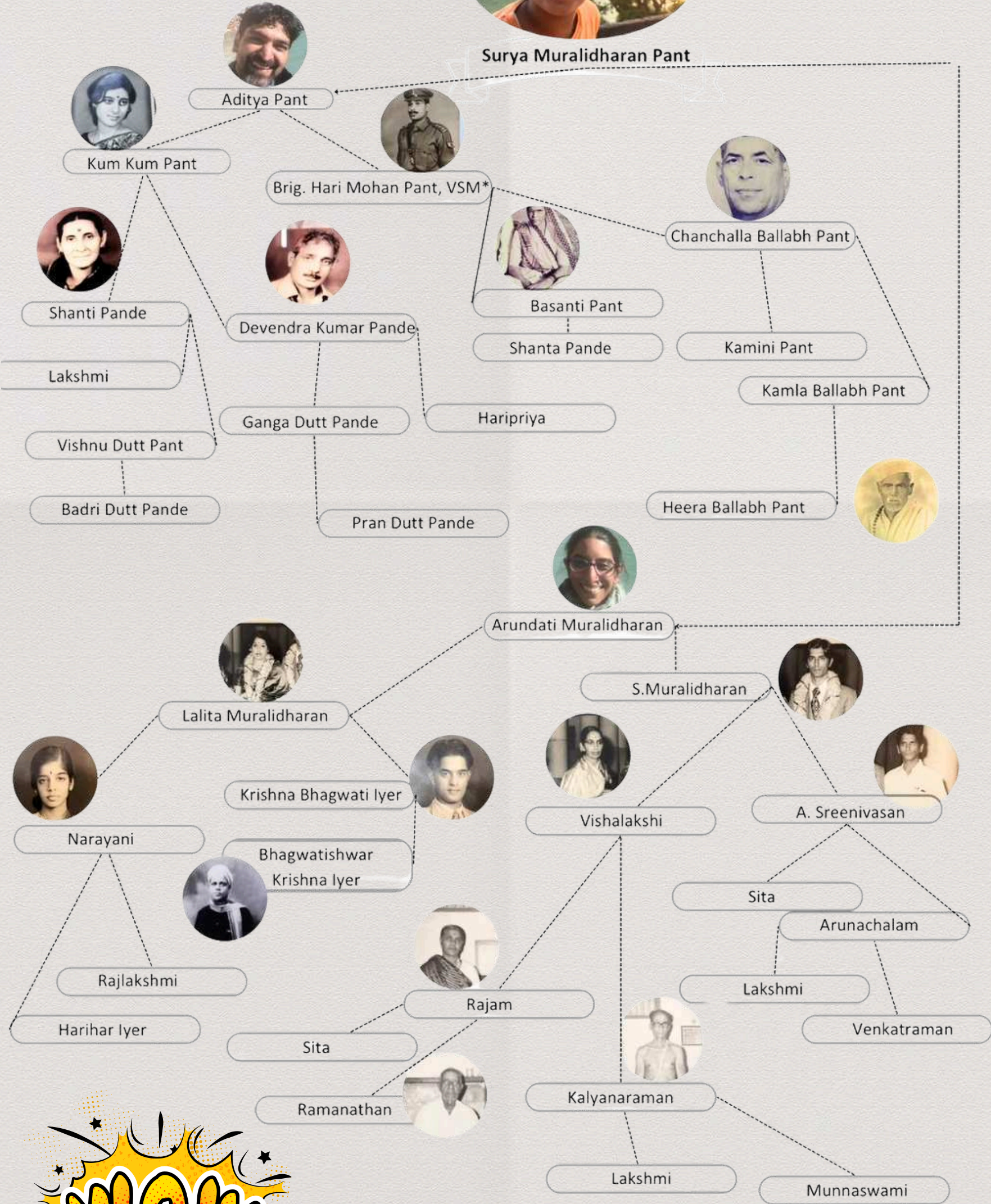


SURYA'S AUTOBIOGRAPHY CONTINUED

I read a lot of comic books – I started when I was 6 years old. First I used to understand the story through pictures, and now I enjoy the pictures and the written story.

I am interested in history because it tells us what the past was like. My nine years have been amazing on this planet.

I have done lots of fun things and I hope I do more.



AADHAYA'S AUTOBIOGRAPHY

LIFE IN A RHYME

On the first of July two babies were born
And their parents' sorrow was gone.
It seemed the babies were most important to their world
On that day, the parents danced and twirled.
Little did the parents know
Soon the babies would grow and grow.
The children became big and grew
For them, loving hearts were not few.
The parents supported and let them decide
What was wrong or right
Whether to be peaceful or fight.
The twin children who were born
Questioned everything with superstitions torn.

Now one of those same child is writing
What has happened in her timing?
Of all the people she knew
And how their friendship grew.
This is what she writes, Aadhya is my name
To me, my parents are quite a fame.
I was born in Twenty Fourteen
To all, it was a joy umpteen.
Since my birth, a decade has passed
Different experiences from first to last.
Moments in London and Mysore are buried in the sands
of time
But I remember there we learnt a lot of nursery rhymes.

For my Mother, I am completely in awe
When I need help, she lends a paw.
She was born about four decades ago
To sweet sugary things, she always says No.
Her love for us is infinite
Despite her stern look on the outside

Now comes my Father whom I tease a lot
He has enough sense to handle the tummy rot.
Sometimes I regret teasing him
I also think he should become more slim.
He is horribly fat and
I like to pull him for that.
When he ignores me, I start ceasing and turn on my heels
Looking for somebody who kneels.
Ah ! Now I found just the right person
For my Father, he is the only son.
The moment I tickle, Aryan Bro gives me a slap
And turns on his water tap.
My Dad gives me a scolding and consoles the weeping child
But I say to him, my teasing is only mild.
To be honest, the son is very good
He also never wastes his food.

He likes to run and run
So perhaps he is named Aryan.
Look, here is my Granny
Who acts like my Nanny.
She is always scared and worries
And says too many sorries.
She knows how to cuddle and care
With poor beggars she always shares.
She is obsessed with children's butts
I wonder when she will find her guts.
The opposite of her is my Granddad
You will see, he rarely gets mad.
With a smile, he lures everybody's heart
It's much more than eating a tart.
So he has many friends
And their friendship never ends.

Now I describe my paternal family
Everyone there is fond of jewellery.
Spicy food makes up most of their diet
Bland grub is there but only a slight.
Together when they fuse, there is a lot of bug abuse.
When I play with Bugs; my Dadi says a big no
I search for some slugs, she thinks I don't think so.
But what can I say
I don't want to fight
So I put down my knight
And hope she will learn our way.
A few beetles I found find
If only she wouldn't mind.
Soon I give up in disappointment
And to herself, she mumbles a statement.

Now I am going to say two of my challenges to you
And one of my most memorable moments too.

Firstly when will this endless teasing pop
It should slowly decrease and eventually stop.
To stop it was too hard
but we had to go far.
So I started this journey
And we went forward slowly.
My bad habit of tease
Has surely decreased.
To think about the drop
my head spins like a top.
Now I am becoming bigger
My childish senses no longer trigger.



AADHAYA'S AUTOBIOGRAPHY CONTINUED

When I joined this school
 Things were not pleasant and cool.
 Friends were almost impossible to make
 There was nobody to share the birthday cake.
 Unluckily I fell into the deep pit
 I wondered if anyone would be kind a bit.
 I used to be deeply hurt
 Since everyone was curt.
 Soon I realised it did more help than harm
 It made me somewhat more cool and calm.
 The teacher was not at all strict
 So bad habits continued to stick.
 This did not remain such for long
 For soon I discovered a Master strong.
 Baren Bhaiya is his name and he did bring some order
 With his gentle nudges, he left children to ponder.
 Soon I found my first companion
 It was a very touching union.
 Other children soon joined the friendship wagon
 We soon played games of damsels and dragon.
 Now I think I am doing perfectly all right
 Though in harmony class I have a lot to write.
 I learnt many things from this incident
 How to be tougher and mentally resilient.
 Masai Mara was my first deep connection
 with nature
 It also taught me how to protect the future.

There we saw herds of zebra and wild beast
 On lush green grasslands, they were having a feast
 I was mesmerised and took an interest in this sight
 How they chewed and what went on their inside

A cheetah hunt left my mouth agape
 The unfortunate deer was in a trap
 What makes it the fastest creature across lands
 Agile bodies and tails that have black bands.

We also went to the famous Diani beach
 Of white shells, crabs and coral bleach
 The red-knobbed starfish with its
 magnificent symmetry
 How they stick to the sand is still a mystery
 These sea urchins in plenty we found
 Their home lies in the ocean ground
 Colourful and lively fishes swam across
 I think they are truly their boss
 Everything in Nature is a wonder to fathom
 Diversity of species is abundant and random
 This is all Evolution's trick and magic
 Human killings have made it tragic

Let's be sensitive to all life, ours and other
 We can heal and make it better together.
 So come, let's start this mission today
 It will become the planet we dream of one day.



NAIRA'S AUTOBIOGRAPHY

Naira

On the night of 9th July a sweet little girl was born. All of her family were overjoyed and were very excited. When they saw the cute little girl, her eyes were twinkling and she was flapping her hands like a butterfly. She had a gentle smile and skin as soft as cotton. When she came to her home her eyes grew big and she gave a big smile. Her reaction made everyone delighted. Her parents thought she is a source of happiness and light so they named her Naira.

My Interests

I am known as a Nightingale of my family (just like my two buas, both of them sing exceptionally well) because I sing melodiously and I aspire to become Nightingale of my country! I am learning classical music and I like it very much. I also have interest in learning Kathak. I am pursuing senior diploma with full interest. I enjoy playing sports like football, basketball, base kick ball, dodge ball, badminton and many more. I think I run very fast and I am amongst the fastest runners in my group.

My Touching Moment

Once during my winter holidays mumma, papa, dadi, dadu and I went to Bhovali. At that time I was 5 years old. We went there for five days. One day mumma, papa and I woke up early and went for a walk on a mountain. While walking we saw different kinds of plants, birds, trees and grass. The mountains were very peaceful so we could hear the birds chirping and surprisingly we saw a fox. The fox had black eyes and blonde fur. The fox got scared of us and went away so after sometime we also went back.

My Challenging Moment

In Orange group Rasmita didi was teaching us how to cycle. Many children already knew how to cycle but I didn't. But still I tried and tried and finally learnt it. I find challenges in each new thing or work I do but I try to overcome these challenges by asking and learning with bhaiya, didi and my parents.

My Mother

Now let's go 40 years back when a courageous, kind, positive and a sensitive girl was born on 24th October 1984. In her childhood, she was as calm as Rishi and as courageous as a lion. So her parents named her Rishu. This incredible girl is now 40 years old and she is my mother.

My Father

Now I will tell you something about a boy who was born on the first of December 1980. He was very calm and cute. He was the prince of the house and the source of joy. He was an ideal child and he was very strong, so his grand father named him Parikshit. Now this wonderful boy is 44 years old and he is my father.

My Younger Brother

Now I will tell you about a little boy who was born on 26th June 2021. His eyes were mischievous and he had some hair on his head. He was very small and looked like a cute little doll. He was very flexible and he had small hands and feet. He was very strong, so mumma and papa named him Bharat. I prayed to God for many years and finally my prayers were answered and we were blessed with Bharat.

My Amazing Grandparents

My grandparents Dadi, Dadu, Nani and Nanu are my biggest strengths. I love them from the bottom of my heart. I have learnt so many things from them.

My Dadi is an intelligent and wise lady, a pillar of strength to our family and she loves me a lot. My dadi is my best friend and I share all my secrets with her. She was born and raised in Delhi. She is an amazing cook and I like to spend my weekends with her.



NAIRA'S AUTOBIOGRAPHY CONTINUED

My Dadu was born in West Pakistan in a village called Toba Tek Singh in undivided Punjab. He is a singer and i enjoy singing with him. He is an independent man and still prefers to do his own work. I admire him for his patience and politeness. He loves me very much.

My Nanu, I loved my Nanu but i lost him due to Covid. It was my biggest loss. I really miss him. He used to play with me and make my videos. May he always remain happy and bless us from above. Coincidentally both my grandfather's first name is Subhash! He had his roots from Lahore. Together with his brothers, he started and built a famous photography studio called Prem Studio in Kamla Nagar North Delhi.

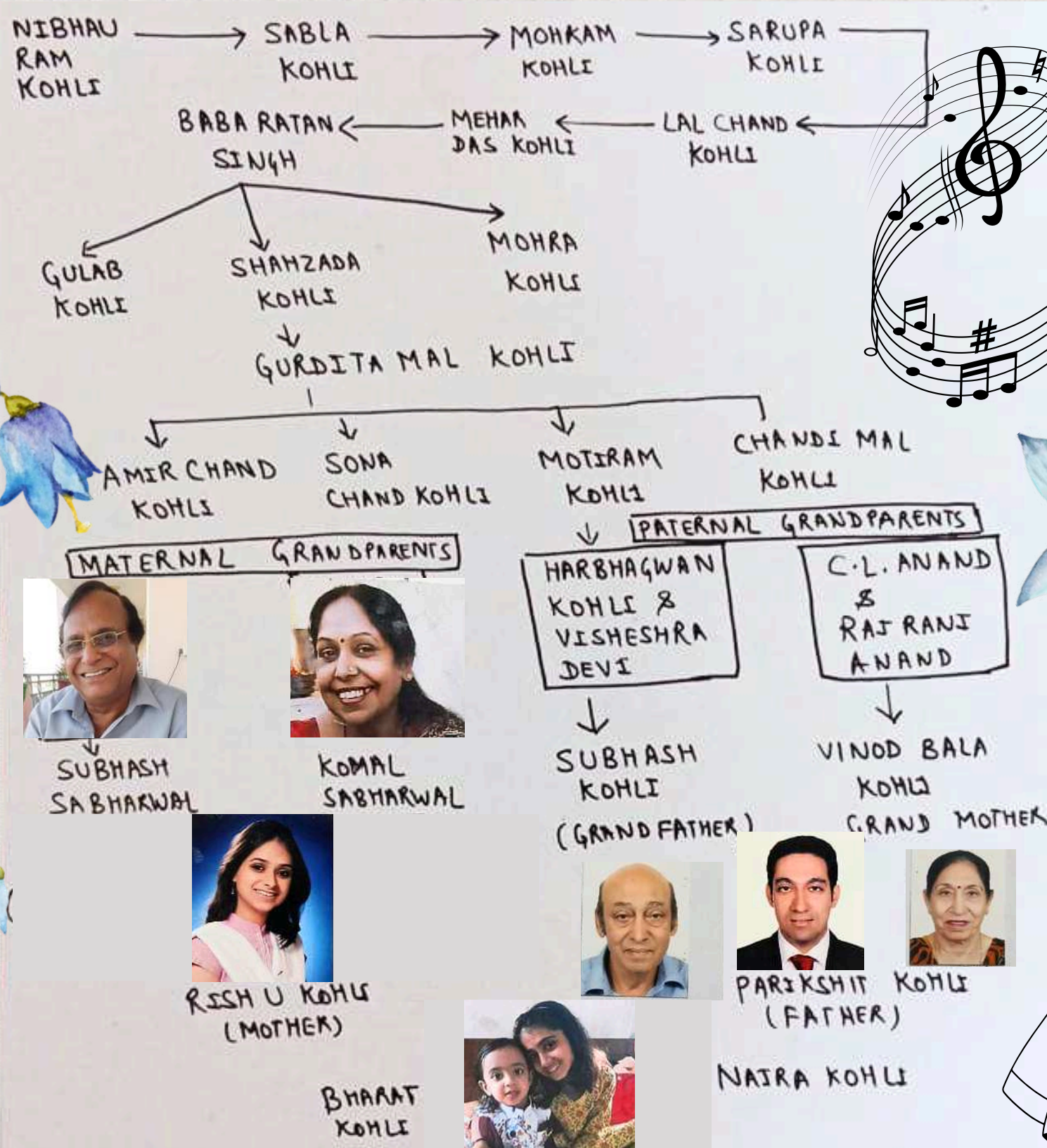
My Nani is full of patience and she makes delicious food. Being a pure vegetarian herself, my nani is willing and able to cook delicious non vegetarian food for us. She loves me alot. I love to spend time with her. she is very kind and gentle . She was born and raised in Delhi.

My Lifelines

My Akka (Pranaaya) is my inner and outer strength. She is the lioness of our family and the sweetest of all. She is the source of inspiration for me and full of joy. She has a sweet gentle smile. She is very smart and kind. She is very friendly. She is my best friend forever. I can't imagine my life without her.

My Anna (Vedang) is the best in the whole universe. He is the most intelligent of all. He is very calm and polite. He can answer anyone's question. He is like an encyclopedia book. It is very hard to have a brother like him. He is my role model and my super hero. He has a golden heart and a very big smile. He is the best brother, son, teacher and many more titles.

We descend from Maharishi Bhardwaj, a great vedic sage and we are from his Gotra. Our family tree can be traced back to 13 generations before me, which will be around 350 years ago!!! This was compiled by my father's Uncle (chachaji) Sh. Ramesh Kohli with a lot of effort. He was able to source and trace it with the help of visit records maintained by our family pandits in Haridwar.





BHARGAVI'S AUTOBIOGRAPHY

Introduction

Ten years ago, on 23 December, a gymnast, dancer, acrobat and an artist named Bhargavi Vanessa Dey was born. She was born in Delhi, India, a country with a rich history and spiritual culture. Her father's name is Arghya Dey and he was born in Kolkata, India. Her mother's name is Eglė Januleviciute Raie Dey, she was born in a country with unity and equality, called Lithuania. Bhargavi always wanted to become something big like a famous gymnast and that's why she trains herself very much, exceeding her limits.

About Her Parents & Grandparents

Her father is an architect and always wanted the best for her. He was born in an Indian city "Kolkata", where great poets, writers and freedom fighters were born too; great people like Rabindranath Tagore, Sri Aurobindo and Subhash Chandra Bose. Her father is very courageous and shares his courage with everyone and always protects Bhargavi.

Her Mother was born in a small town in Lithuania. She tried to make a career in prison design and later she became an artist and jewellery designer and now, in India she runs a travel company. Many people tried to pull her company down, but she always succeeds in her work.

Bhargavi's Brother is 18 years old and his name is Sargam Dey; he wants to become an architect like his father, that's why he is studying architecture in the university. Sargam is a great brother to Bhargavi-when he went to boarding school, Bhargavi was very sad and cried a lot, because her brother means so much to her. He is a very caring brother and he never fights, troubles or bullies her and if she does something wrong he immediately explains things to Bhargavi and teaches her manners. Sargam has taught Bhargavi to speak and to walk when she was little.

Bhargavi's Maternal Grandmother was born in Lazdijai, Lithuania. She worked as a florist and always loves gardening, her name is Nijole Volungevichiute. She taught her granddaughter Bhargavi different gardening and composting skills. Her grandmother is 65 years old and she always loves to take care of Bhargavi and her mother.

Bhargavi's Mother's Maternal Grandmother was born in free Lithuania, Lazdijai town. Since Russians occupied Lithuania, she had no job, but took care of 6 children and a farm. Two of her children died at an early age and four survived and now live in Lithuania.

Bhargavi's mother's maternal grandfather's name was Juozas Volungevicius. In winter, he and other children were unable to go to school because of heavy snowfall and because school was too far. He was a famous silversmith, and a dancer.

Bhargavi's Maternal Grandfather Algis Janulevichius was an electrician, he used to invent and make many different home appliances by himself. He also worked in a cinema hall.

Bhargavi's Mother's Paternal Grandmother was a famous chef, she made best cakes and cherry jams.

Bhargavi's Mother's Paternal Grandfather was Vladas Jainulavichius, he was born in a village and was driving license authority instructor and inspector. He also looked after his 200 acres land on a big and beautiful horse.

Bhargavi's Paternal Grandfather was Priya Bhushan Dey. He was a principal of girls school in Assam and survived 3 heart attacks and died in old age.

Bhargavi's Paternal Grandmother was a teacher of phycology, she was BA, BT, but she become housewife and had only one son Arghya Dey. Her name was Amita Dey but she never got to meet her granddaughter Bhargavi.

Bhargavi's Father's Paternal Grandfather was a civil engineer in Burma Oil Company, his name was Ramani Mohon Dey. His wife was also a housewife and her name was Nihar Kana Dey, she used to cook food meals for the freedom fighters and feed them in the midnight secretly.

Bhargavi's Father's Maternal Great-Grandfather's name was Jogesh Chandra Mazumder and he used to be a postmaster, in British time in India it was very prestigious literate persons' job. His wife's name was Indubala Mazumder and she was a housewife. Her family was zamindars and had three elephant's in their house.

Challenging and Touching Moments

One of the most challenging moments in Bhargavi's life was when she had to say goodbye to her grandfather. While her family was on their way to the hospital, her grandfather



BHARGAVI'S AUTOBIOGRAPHY CONTINUED

breathed his last and at that exact moment two rainbows appeared in the sky and Bhargavi showed this to her parents. When her dadu was in pain, the clouds covered the sky, but when he died two rainbows appeared. It was a challenging moment for Bhargavi, but she became stronger after this event. When her dadu died and two rainbows appeared it symbolized that two mighty soldiers sent by the divine came to take him to heaven. Yet his memories always live on and he always lives within the Almighty God.

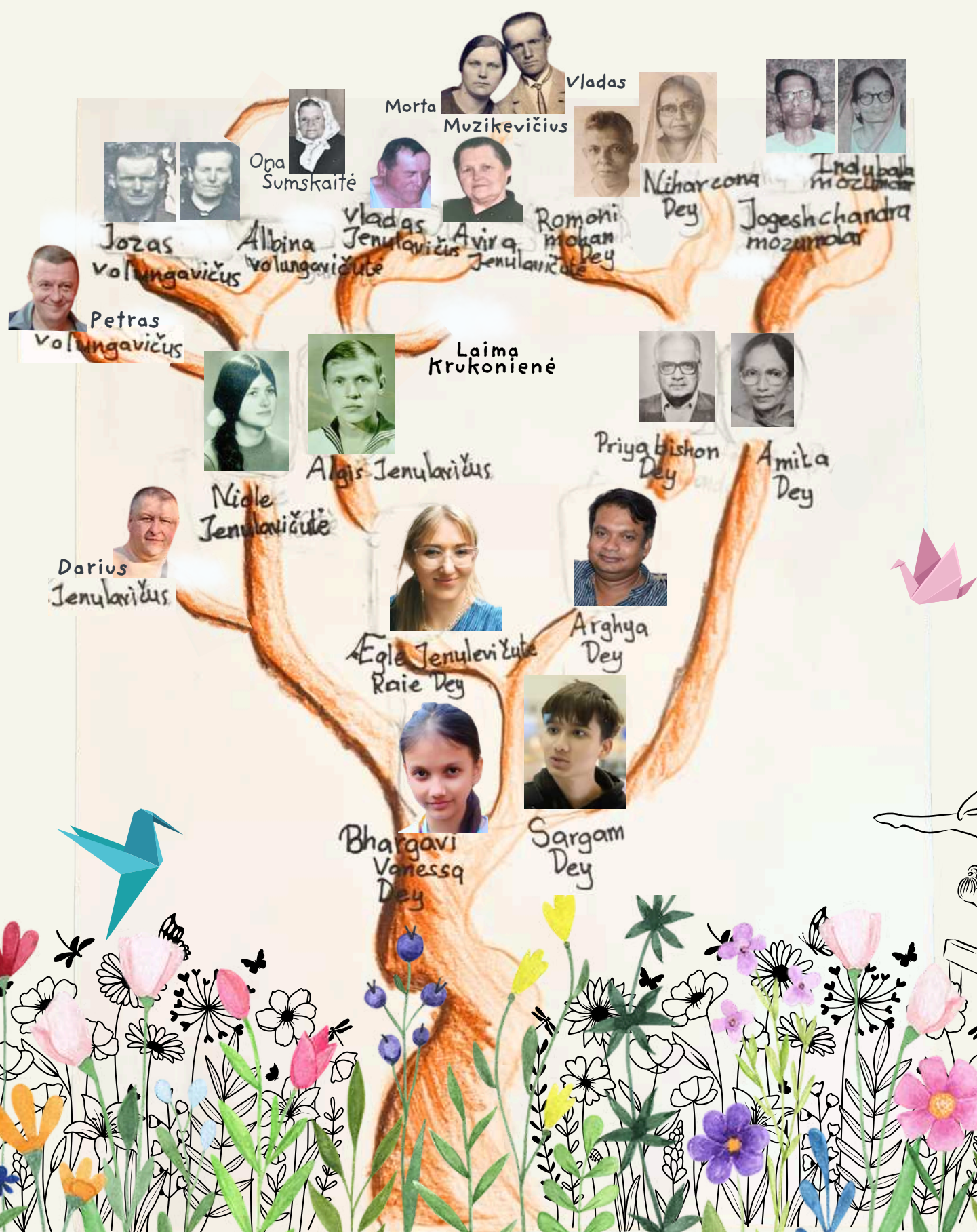
One of the other touching moment in life was when she met her brother after he returned from boarding school. Her brother was going to live in Delhi for some time after a long gap. She felt extremely happy and elated to be with him again.

The Scariest Moment of her life was when her father underwent surgery. But her father stayed strong and she also stayed strong. He has trouble sometimes, but still, he is okay.

Her Achievements

One of her life achievements was when she signed up for a gymnastic competition. Bhargavi had a gap for six month, while the other gymnasts had worked on their routines. Bhargavi's coach quickly prepared her routine and Bhargavi practiced it every day. She worked very diligently regardless of how tired she was, but one day before her competition, her coach said "you won't get much points by doing such an easy routine" and he made her routine harder by adding new skills.

Bhargavi practiced very hard before competition and she won the medal. This was her first gymnastics competition and her first medal. Another achievement was when she learned to swim by herself. That day Bhargavi and her mother had a lot fun in the swimming pool and by mistake Bhargavi left her mother's hand and she started swimming on her own.



ARYAN'S AUTOBIOGRAPHY

Introduction

One sunny day on 1st July 2014, the Vasanta and Dhami family in New Delhi were very happy as two special children were born. One of those children was Aryan Vasanta and that is me and the second child is my twin sister Aadhya. After two months in Delhi, we shifted to London and all that I know from our old photographs is mummy and Grandpa taking us around in a double buggy. In December 2017, we went to Mysore and stayed there for eighteen months. My early schooling was in Euro Kids there and soon we were packing for Mussoorie.

My first memory of a place is Mussoorie and I loved the weather there which is like paradise to me. I remember our trekking in pine forest in Mussoorie which we did more regularly after Covid 19 as our schools had closed and everything else with it. We went to small hilly villages and saw small puppies with apricot and apple trees there. The unique thing about Mussoorie is that it has a very beautiful sunset over the snow covered mountains, the Himalayas. From 2022 we visited some malls in Dehradun and saw the zoo also. I also visited some houses which had

litchi trees. In December 2022, my family shifted to Delhi and i was not happy as i wanted to stay in Mussoorie only because I find Delhi is too hot. But no one listened to me and I was very upset.

Soon Mirambika school called us and I loved being there as they teach how to value nature. They were very simple and caring which I liked. I joined Aditi group which is like fourth class and now I am 10 years old.

My Parents

My parents are Monika Dhami, my mother and Vijay Vasanta, my father. My mother is very caring and although she is very strict, it is meant for our health. She comes from Punjab and was born in Delhi more than forty five years back. My father is very hard working and buys a lot of chocolates, candies and ice creams to eat, but mummy only gives us dark chocolate. My father comes from Andhra Pradesh and was born around fifty years ago.



ARYAN'S AUTOBIOGRAPHY CONTINUED

My Maternal Grandparents

Now I will talk about my maternal side. My grandfather was born in the year of Indian Independence, which is 1947. He is very patient, calm and multitalented. So he did well in life. Sometimes he gives me ten sum and if I make one mistake, he will give me ten more. Although I got the advantage of progressing in Math's, I prefer that he gives me a bit less work.

My Grandpa's wife Gyatri Sharma is complete opposite of him. She is very impatient and never asks us to study although she is very caring. Born in twentieth century and a half, Grandma worries a lot about me and Aadhya's health and security.

Manish Uncle, their son and brother to my mummy was born on 25th Nov 1975. He has a very good sense of humor and makes everyone laugh around him. I have two older cousins from my maternal side - Pransha didi and Pranika didi..Both are very hard-working and intelligent. They all stay in East Africa and that is why we went to Kenya recently, particularly Nairobi, Masai Mara and Diani beach.

My Sister

My sister Aadhya is actually in both maternal and paternal side and her birthday is same as mine. She is very creative like my grandfather, good at handwriting, singing, drawing and dancing. But i find her teasing very irritating and i often get angry at her. She is very strong from inside but most people around think she is weak because she is very skinny.

My Paternal Grandparents

Now I will talk about my paternal side. My grandmother and grandfather have three children, my father Vijay Vasanta, Madhavi my bua and Kiran my uncle. My Bua gives us gifts very often and I find her very intelligent. My four elder cousins from my paternal side are Jaanu, Reenu, Sanjana and Suryansh.

My Grandmother Suryakantham from paternal side did not like Aadhya's play with insects and she thinks that insects are disgusting when they are actually not. And I like that she takes us to the beach whenever we go to Vishakapatnam in Andhra Pradesh. I like that she cooks good food for us although she must know the truth of insects and bugs.

My grandfather from my father's side is very lazy and he is always lying on bed as if he has got sick. But in early mornings, he goes to walk everyday. I like that he goes for walks everyday although I prefer that he is more active.



ARYAN'S AUTOBIOGRAPHY CONTINUED

What fills us my mind mostly is walking and trekking in deep rain forests for a long duration. Its like trekking in paradise with obstacles. I am also good in maths and enjoy it as much as friendship of best friend. Once I learn it, I can solve it myself. Sometimes i get angry when my sister teases me, i get as will as fire and often get so mad that i beat her but later i don't feel happy about it. I am passionate about nature and am thinking of all the ways how to stop nature abuses and that is the reason why i want to become a nature conservation officer like my chachu Kiran. I am bad at cleanliness and at holding things securely. I am so clumsy that i broke cups many a times.

Mirambika

When I came to Mirambika in the Aditi group, I was not given a warm welcome by many children. The girls did not make friends with me and the boys too kept a distance. They used to tease me a lot and I had many questions in my mind, how to respond and what my office would be like when I grow up, whether I would have similar people. I did not feel good and I had a choice on how to respond. I decided to ignore their behaviour. The only friend I had was my sister Aadhya. All boys who troubled me slowly became better but it

decreased too slowly as my Aditi teacher was not strict enough. However there we learnt many things and did many trips like a sleepover at the school where we stayed near the samadhi and prayed to Sri Aurobindo and The Mother. There the food was a bit simple but healthy. And we went to Vatika Resort in Gurgaon for two days and one night, we did many things like swimming, saw many farm animals and played games like football and cricket. We also listened to many stories by Rasmita didi in the evenings. There we did not study like we usually do.

Next year in 2024, I went to the harmony group. My new teacher Baren Bhaiya is very strict. So I got the advantage of his strictness and because of this, there was better discipline and the teasing stopped and after the summer holidays, boys became friends with me. I also improved in some sports like dodgeball and football.

I learnt many things about the human body from teeth to the circulatory system. My teacher Baren bhaiya from Harmony Group taught in such a way that it was interesting and fun. He also taught us a wide variety of things and inspired me in sports and much more.



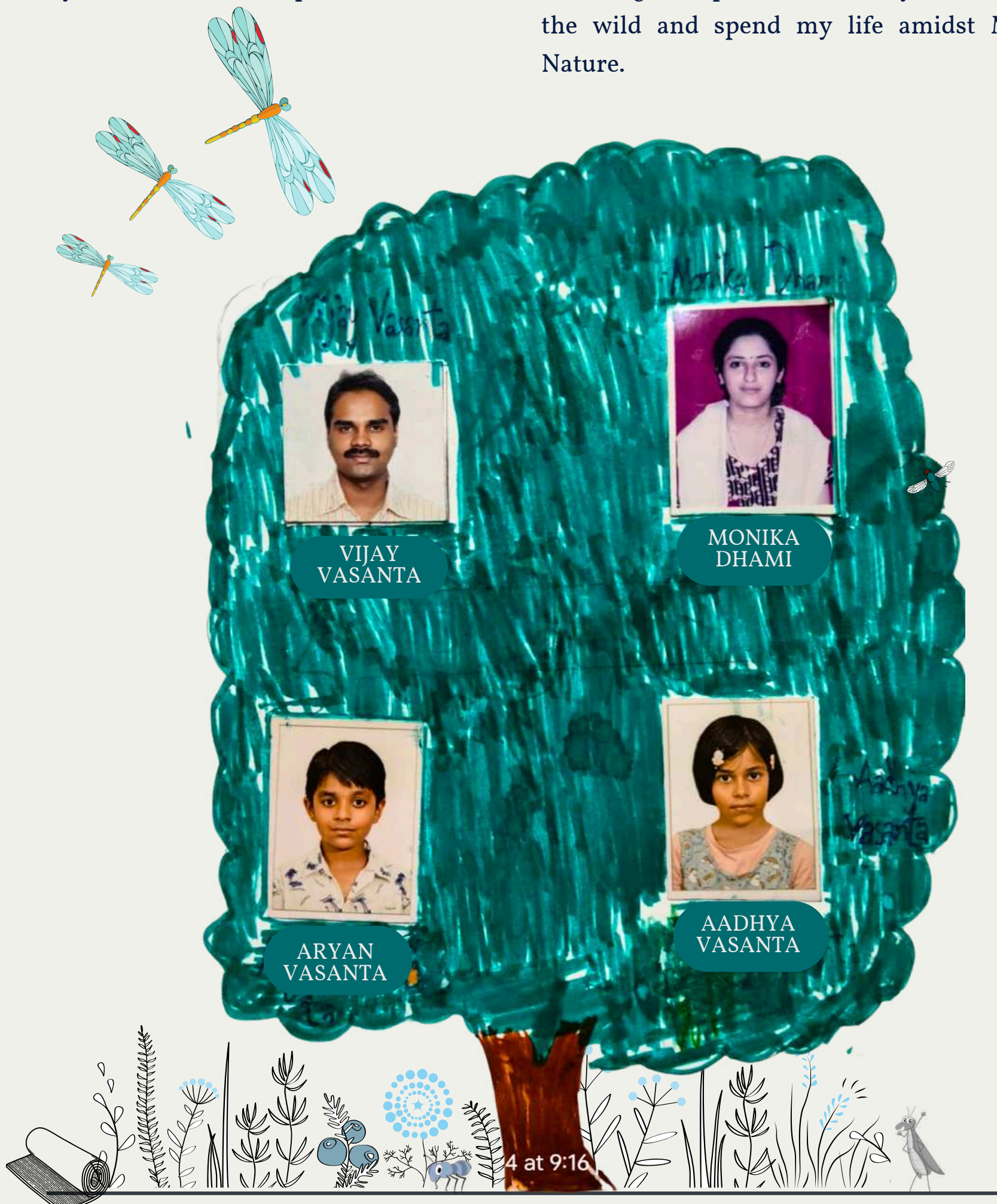
ARYAN'S AUTOBIOGRAPHY CONTINUED

So I find Baren bhaiya's classes very interesting and they make me happy. Arunima Didi also takes care of us and she always maintains justice and fairness in games.

Sometimes I feel that human challenges are far less than animals because in the forest, the herbivores have to constantly watch, worry and run from their predators.

The carnivores also have a challenge in getting their food as they too need to run faster than their prey. But humans are staying in a very comfortable environment in the cities without any fear. Also, the law of the jungle is that the mighty will eat the weak whereas in humans, the dharma is that the strong should protect the meek.

When I grow up, I want to study these ways of the wild and spend my life amidst Mother Nature.





AUTOBIOGRAPHY EDITION

Sri Aurobindo emphasized the significance of understanding one's family history as a means of connecting with deeper cultural and spiritual roots. He believed that knowing one's lineage can provide insights into personal identity and the influences that shape an individual's character and destiny. By recognizing the struggles and achievements of ancestors, one can gain a broader perspective on life and a sense of belonging, which can inspire personal growth and a greater understanding of one's place in the world. This awareness is part of a larger journey toward self-discovery and realization of one's potential.

ANCESTRAL MATHEMATICS

IN ORDER TO BE BORN, YOU NEEDED

2 parents
4 grandparents
8 great-grandparents
16 second great-grandparents
32 third great-grandparents
64 fourth great-grandparents
128 fifth great-grandparents
256 sixth great-grandparents
512 seventh great-grandparents
1,024 eighth great-grandparents
2,048 ninth great-grandparents

For you to be born today from 12 previous generations, you needed a total of 4,094 ancestors over the last 400 years.

Think for a moment....
How many struggles ? How many battles?
How many difficulties? How much sadness?
How much happiness? How many love stories?
How many expressions of hope for the future?
- did your ancestors have to undergo for you to exist
in this present moment.....

